

How can adopting a trauma-informed approach to adult social care drive forward improved outcomes and support workforce wellbeing as part of Scotland's roadmap for COVID-19 recovery, renewal and transformation?

As part of the programme of support available to professionals working across local authorities and other community planning partners, the Improvement Service, in partnership with the Scottish Government and NES, are hosting a series of deep dive learning events over 2020-21. Each event aims to explore how adopting a trauma-informed approach can support key community planning priorities, support workforce wellbeing, and support professionals to identify tangible steps to help ensure this approach is embedded in policy and practice moving forward.

Responding to trauma is, now more than ever, a public health priority. The COVID-19 pandemic has, and will continue to, severely impact adults receiving social care, and the workforce providing that support, many of whom are facing chronic stress, burnout and vicarious trauma. As adult social care professionals work to respond to the heightened risks facing people and communities as a result of the pandemic, this event provides a valuable opportunity to develop awareness of the impact of trauma, strengthen understanding of the wellbeing needs of the adult social care workforce, and explore how to build a trauma-informed approach into long-term recovery, renewal and transformation to support adults receiving social care and the workforce.

This free interactive learning event is open to all professionals in Scotland working to improve outcomes for people requiring adult social care in their local authority area who wish to learn more about trauma-informed practice, systems and services. This includes social care workers based in care homes, in the community, personal assistants, carer centre staff and social workers.

The event will provide opportunities to:

- Learn about the impact of trauma and what a trauma-informed approach looks like;
- Learn from existing good practice and how a trauma-informed approach can support workforce wellbeing and improve outcomes for people requiring support from adult social care;
- Hear about existing resources for staff training and wellbeing through the National Trauma Training Programme; and
- Discuss how a trauma-informed approach could support your area of work, organisation and staff, and identify tangible actions that can help embed a trauma-informed approach in your area of work.

Full details of the programme and speakers will follow shortly. Spaces will be limited for this event so, for now, please [register your interest](#) in attending this event and you will be advised whether you have been awarded a place in the coming weeks. Please contact trauma@improvementservice.org.uk if you have any questions.

SAVE THE DATE



25 March 2021



10.00am - 12.30pm



Online

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