

BLADDER AND BOWEL STUDY SESSIONS
SEPTEMBER – DECEMBER 2017

BASIC BLADDER AND BOWEL STUDY SESSIONS – (LEVEL 1 AND FOLLOW-ON WORKSHOP)
PLEASE NOTE LEVEL 1 MUST BE COMPLETED BEFORE ATTENDING FOLLOW-ON WORKSHOP

Tuesday 12th September 2017 - INVERURIE BLADDER - LEVEL 1	The Admin Meeting Room, Inverurie Hospital Session:- 1.00p.m. – 4.00p.m. TRAINER FIONA GEDDES
Tuesday 19th September 2017 - ABERDEEN BLADDER – LEVEL 1	The Library, Staff Home, Woodend Hospital Session:- 1.00p.m. – 4.00p.m. TRAINER JOANNE HOYLE
Wednesday 4th October 2017 - FRASERBURGH BLADDER – LEVEL 1	Conference Rooms 1 & 2, Fraserburgh Hospital Session:- 1.00p.m. – 4.00p.m. TRAINER JOANNE HOYLE
Tuesday 7th November 2017 - INVERURIE FOLLOW-ON WORKSHOP	The Admin Meeting Room, Inverurie Hospital Session:- 1.00p.m. – 4.00p.m. TRAINER JOANNE HOYLE
Tuesday 28th November 2017 - ABERDEEN FOLLOW-ON WORKSHOP	Donside Room, Staff Home, Woodend Hospital Session:- 1.00p.m. – 4.00p.m. TRAINER FIONA GEDDES
Wednesday 6th December 2017 - FRASERBURGH FOLLOW-ON WORKSHOP	Conference Rooms 1 & 2, Fraserburgh Hospital Session:- 1.00p.m. – 4.00p.m. TRAINER FIONA GEDDES

LEVEL ONE

Open to all clinical staff – including registered nurses and nursing assistants

FOLLOW-ON WORKSHOP

Open to all who have completed Level One Training

<p><u>AIMS</u></p> <ul style="list-style-type: none"> ◆ Have a greater understanding of the problems faced by people who are incontinent ◆ Know simple measures, which can be used to promote continence ◆ Understand the information needed by nurses to assess and manage incontinence 	<p><u>AIMS</u></p> <ul style="list-style-type: none"> ◆ Improve continence care ◆ To comply with N.M.C. Code of Conduct and Record Keeping
<p><u>COURSE TO INCLUDE</u></p> <ul style="list-style-type: none"> ◆ Attitudes to incontinence ◆ Causes and types of urinary incontinence ◆ Treatment and promotion of continence ◆ Completion of assessment forms and frequency volume charts ◆ Products available for containment of continence 	<p><u>COURSE TO INCLUDE</u></p> <ul style="list-style-type: none"> ◆ Neurological diseases and how they affect continence ◆ Prolapse ◆ Completion of continence assessments and frequency volume charts to improve incontinence ◆ Case Studies

Please contact Thelma Mackie, Continence Secretary on Mon-Fri between 8.30a.m. – 10.00a.m. with names of any staff wishing to attend any of the above sessions listed.

Places for all these sessions **must** be booked through the Bladder and Bowel Specialist Service. Confirmation of places and any further details will be sent to the individuals attending.

Tel Number – 01467 672748 or Extn 72748 or e-mail **thelma.mackie@nhs.net**

CAUTION WITH CATHETERS

Wednesday 15th November 2017 - The Library, Staff Home, Woodend Hospital
ABERDEEN Session:- 1.30p.m. – 3.30p.m.
TRAINER FIONA GEDDES

Training session to include:-

- ◆ Review reasons for catheterisation
- ◆ Review types of catheters used for catheterisation
- ◆ Review prevalence of CAUTI
- ◆ Catheter Problems and Possible Solutions
- ◆ Review catheter securement devices
- ◆ Use of catheter valve
- ◆ Review use of catheter maintenance solutions
- ◆ Review catheter documentation

BOWEL STUDY DAY **FOR REGISTERED NURSES ONLY**

Tuesday 5th September 2017 - The Admin Meeting Room, Inverurie Hospital
INVERURIE Session:- 9.15a.m. – 4.15p.m.
TRAINER - JOANNE HOYLE

Tuesday 10th October 2017 - The Library, Staff Home, Woodend Hospital
ABERDEEN Session:- 9.15a.m. – 4.15p.m.
TRAINER - FIONA GEDDES

Wednesday 13th December 2017 - Donside Room, Staff Home, Woodend Hospital
ABERDEEN Session:- 9.15a.m. – 4.15p.m.
TRAINERS – FIONA GEDDES/JOANNE HOYLE

AIMS

- ◆ To review anatomy and physiology of the bowel
- ◆ Update knowledge on bowel care
- ◆ Review Digital Rectal Examinations – according to R.C.N. Guidelines

COURSE TO INCLUDE

- ◆ Attitudes to bowel care
- ◆ Bowel dysfunction/Neurogenic bowel
- ◆ Reviewing use of laxatives
- ◆ Use of Bristol Stool Chart
- ◆ Completion of Bowel Assessment Forms
- ◆ Quiz to complete
- ◆ Case Studies
- ◆ Exam to be completed – 80% pass mark

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BLADDERSCANNING TRAINING SESSION

COURSE TO INCLUDE

- ◆ Investigations prior to bladder scan
- ◆ Discuss scanner, its functions and care of the machine
- ◆ Discussion on interpretation of bladder scan results
- ◆ Practical Session on use of bladder scanner
- ◆ Competency framework for bladder scanner

The Bladder and Bowel Service will provide this training session on request to groups of 6+ who have access to the use of a bladderscanner

Due to the practical nature of this training session a venue with a bed or similar must be available in order for us to proceed with this training

Anyone or team who would like to arrange a bladderscanning training session should contact:-

Thelma Mackie – Bladder & Bowel Service Secretary

Tel - 01467 672748 or Extn 72748 between 8.30a.m. – 10.00a.m.

Thelma.mackie@nhs.net