

# Inspectors from the Care Inspectorate visit caregiver families like yours to find out how well you are looked after.

They want to check that:

You are safe and part of a family



Foster carers are good at looking after you



You live in a nice place, with enough space to make your home a nice place to be



It is important for inspectors to find out what is good about your life, and what could be better.

You can get involved by telling us what it's like in your caregiver family.

You can also raise a complaint with us about your care and support by texting us on

**07870 981785**

# Inspectors from the Care Inspectorate visit houses like this to find out how well you are looked after.



They want to check that:

You are safe

Managers and staff are good at looking after you

You get good food, and can do things you enjoy

Staff listen to you



You live in a nice place, with enough space to make the house a nice place to be



It is important for inspectors to find out what is good about your care and support, and what could be better.

You can get involved by telling us what it's like to live here when we visit.

You can also raise a complaint with us about your care and support by texting us on

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