

Tool 18a: Care Home Monthly Falls Diary guidance

Care homes should have a system for recording information about the falls of everyone using their service. By ensuring all falls or fall related incidents are recorded, the care home manager can monitor their performance over a period of time, can review the overall pattern and trends for falls and identify any recurring factors, for example, time of falls, location, reason. They will be more aware of individuals that fall frequently and can therefore take appropriate action. They can also use the information to make changes to policy, protocols and procedures and when compiling annual reports.

Care homes can record this information using an electronic computer database or a care home monthly falls diary.

This can also be adapted to record and monitor an individuals falls history.