

Self assessment tool: principle B – organisational care home culture and commitment

Area for Improvement B3: Staff training and support

Standard statement	Yes	Working towards (document what you have achieved so far)	No	Examples of evidence
<p>Training is available for staff to raise awareness of the benefits of physical activity and ways to enable residents to be active.</p>				<p>Staff have an awareness of benefits of physical activity if asked.</p> <p>Training in enabling physical activity and reducing sedentary behaviour is taking place.</p> <p>Evidenced in PDPs, supervision, induction etc.</p> <p>A health promoting environment is evidenced throughout the care home on a daily basis – opportunities, posters, active daily life etc.</p>

Name:

Signature:

Date:

Review date:

