

## Do you live in a care home? Or know someone who does?

People living in adult and older people's care homes have the right to see and spend time with those who are important to them. They have the right to have visits and to go out if they wish.

Care homes should support this and not normally put barriers or restrictions in place.

Even if there is an outbreak of infectious disease, people should still be able to have nominated visitors.

Everyone has the right to respect for their private and family life, which is reflected in the Health and Social Care Standards, which all care services should follow.



## If you have concerns, you can:

- speak to the care home manager
- call the Care Inspectorate on 0345 600 9527
- visit www.careinspectorate.com

Find out more at ►



