

The Grove Care Home Care Home Service

The Grove Care Home
Grove Road
Kemnay
INVERURIE
AB51 5RA

Telephone: 01467642235

Type of inspection:
Unannounced

Completed on:
21 April 2026

Service provided by:
Grove Care Home Limited

Service provider number:
SP2021000171

Service no:
CS2021000274

About the service

The Grove Care Home is registered to provide a care service to a maximum of 40 older people. At the time of our inspection there were 32 people living in the home.

The home is in the town of Kemnay and is close to local amenities, including shops, a library and transport routes. The building is a traditionally designed house, which has been extended and adapted to suit the residents' needs.

The Grove has 15 rooms with full en suite facilities including shower, 16 rooms with en suite toilet and nine rooms with no en suite and wash hand basin only. There are two wings; these are named Bennachie and Grove. There is a lounge and dining room in each wing.

There is an enclosed garden located off the dining room in Bennachie. Further landscaped grounds are available to the front of the home.

The provider is Grove Care Home Limited, part of the Meallmore group.

About the inspection

This was an unannounced type two inspection which took place on 16 and 17 April 2026. The inspection was carried out by one inspector from the Care Inspectorate.

To prepare for the inspection we reviewed information about this service. This included previous inspection findings, registration information, information submitted by the service and intelligence gathered since the last inspection.

In making our evaluations of the service we:

- spoke with twelve people using the service and four of their family
- spoke with staff and management
- observed practice and daily life
- reviewed documents.

Key messages

- People experienced very good standards of care and support.
- The activity provision had improved and it was varied. This enriched people's lives.
- People were supported to stay connected with the local community.
- The quality of the meals was praised by people and mealtimes were relaxed and social.
- Staff knew people and this meant that any changes to their health and wellbeing were identified quickly.
- Care notes were detailed, clear and free from jargon. This made them easy to understand.
- All staff were determined to support people to have positive and meaningful days.

From this inspection we evaluated this service as:

In evaluating quality, we use a six point scale where 1 is unsatisfactory and 6 is excellent

How well do we support people's wellbeing?	5 - Very Good
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Further details on the particular areas inspected are provided at the end of this report.

How well do we support people's wellbeing?

5 - Very Good

We found significant strengths in aspects of the care provided and how these supported positive outcomes for people, therefore we evaluated this key question as very good.

People had been supported with their hygiene, dressing and grooming needs to a very good standard. Staff supported people to look their best by ensuring that time was taken with assisting with hairstyling, shaving and nail care. Staff recognised the importance of ensuring that people looked their best.

People spoke positively about the staff. Positive and trusting relationships had formed and this gave people the confidence to raise any concern with the staff. Every opportunity was taken for staff to engage with people, and this resulted in many meaningful and often, humorous conversations. This had a positive impact on the quality of people's days.

The activity provision had been strengthened. The activities programme was focused on people's likes and interests. This helped people to pass their day in a meaningful and enjoyable way. There was a whole team approach to meeting the social needs of people. Care staff recognised the importance of their role and contribution in ensuring people were occupied. This ensured that when the activities staff were not in duty, people continued to be meaningfully engaged.

There were very good community links. This helped people to re-connect with friends in the town. There were opportunities for people to carry on attending the local 'men's shed'. This enabled them to carry on with hobbies and maintain friendships. People felt valued, included and visible in their community.

The plans to extend and upgrade the gardens will improve the quality of time people spend outdoors and give them opportunities to contribute to the produce and flowers grown. The detailed garden plans included the involvement of local community groups. This will strengthen the community links.

Meals were appetising and well presented. People praised the quality of the food and said there were plenty of choices and alternatives to the menu. Dining rooms were bright, spacious rooms. This contributed to the relaxed and social feel to meals. Tables were set with some condiments, however, consideration should be given to the addition of sauces. This will encourage and enable people to help themselves.

The staff team was stable. This ensured that staff knew people's care and support needs and could quickly identify any changes to their presentation. This helped ensure that people received prompt input from health professionals and prevent further deterioration to their health and wellbeing. Staff recognised how their input and support impacted on people's wellbeing and experiences. Staff were committed to people experiencing positive outcomes.

People's care plans were detailed and easy to read. This would help support staff to understand the care and support needs of people. The lack of jargon in plans, made it easier for people and their families to read and understand them.

The electronic note system gave staff various options of where to enter daily entries. There are plans to reduce the number of options available. This will make accessing daily records and the information easier.

People experienced a very good quality of life and had opportunities to create new memories through positive experiences. Managers need to have ongoing oversight of this to ensure that when occupancy increases, there is an ongoing assessment made on staff availability. This will ensure that the very good standards are maintained.

Complaints

There have been no complaints upheld since the last inspection. Details of any older upheld complaints are published at www.careinspectorate.com.

Detailed evaluations

How well do we support people's wellbeing?	5 - Very Good
1.3 People's health and wellbeing benefits from their care and support	5 - Very Good

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