

# Arnothill Care Home Service

Falkirk

**Type of inspection:**  
Unannounced

**Completed on:**  
2 April 2026

**Service provided by:**  
Inspire Scotland Limited

**Service provider number:**  
SP2012011803

**Service no:**  
CS2021000072

## About the service

Arnothill is a care home service provided by Inspire Scotland. They are registered to provide care for a maximum of five children and young people.

The house is situated in central Falkirk and is close to all local amenities and public transport. The house has two levels with a large living room and dining room. The young people can also enjoy a communal snug room that provides a relaxing space. Each of the young people had their own bedroom.

## About the inspection

This was an unannounced inspection which took place on 1 April 2026 between 10:00 and 19:30.

This inspection is called a promise assurance inspection. It focuses on the key areas that are essential to upholding children and young people's right to be safe and be at the centre of their care. We report on them under the promise foundation headings of; "Voice", "Care", and "People". No new evaluations (grades) have been awarded.

To prepare for the inspection we reviewed information about this service. This included previous inspection findings, registration and complaints information, information submitted by the service and intelligence gathered throughout the inspection year.

We confirmed that the service continued to have the rights and voices of children and young people at the heart of their care and support. We know this because on this inspection we:

- Reviewed survey responses from young people, professionals, and staff.
- Spoke with four young people using the service.
- Spoke with eight staff and management.
- Observed practice and daily life.
- Reviewed documents.

## Key messages

### Voice

Young people's voices were at the heart of their care at Arnothill. The attuned and skilled team of staff were creative and proactive in ensuring young people were heard and felt that they were at the centre of decisions made with, and for them. The service had an embedded "you said, we did" process and this ensured that young people's voices contributed to every aspect of their care and service delivery.

One young person said "I am happy here, the staff help me with everything I need". Another said "I love it here, the staff love me".

### Care

Young people were safer as a result of their care at Arnothill. The staff knew the young people well and were attuned to any changes in the young people's wellbeing. The staff worked confidently with external professionals to ensure young people's needs were met. All of the young people told us they feel safe and one said "I feel safe and I sleep well".

Young people were excelling socially and with their education. The knowledgeable and well trained team ensured young people received trauma informed and individually tailored support to work towards and achieve their goals. There were lots of opportunities for fun and a young person said "I always have fun with the staff, I love them".

### People

The passionate and committed team developed meaningful and enduring relationships with the young people and this was central to the positive outcomes young people experienced. An external professional told us the staff at Arnothill "Have created a family there. There is always plenty staff working that they can accommodate changes to plans. They advocate for their young people."

There was strong managerial oversight of the service that was driven by genuine compassion and a dedication to embedding therapeutic and reflective practice into every aspect of the care provided. This ensured staff felt well supported and young people knew who to go to if they wanted to make a complaint.

## Complaints

There have been no complaints upheld since the last inspection. Details of any older upheld complaints are published at [www.careinspectorate.com](http://www.careinspectorate.com).

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