

Care Visions - Newton Care Home Service

Fife

Type of inspection:
Unannounced

Completed on:
17 March 2026

Service provided by:
Care Visions Group Limited

Service provider number:
SP2003002569

Service no:
CS2013318906

About the service

Care Visions - Newton is a residential care service for up to four young people. At the time of the inspection there were four young people using the service.

The service is situated in a rural area of central Fife. The house is a large, detached farmhouse with a large garden. Young people have their own bedroom and shared bathroom facilities. Within the house are also a living room, chill room, kitchen and dining room. There is office space and two further bedrooms for staff.

About the inspection

This was an unannounced inspection which took place on 17 March 2026 between 13:15 and 21:45.

This was a pilot inspection to test a new way of inspection to provide assurance that better performing services continue to strive to meet the promise. No new evaluations (grades) have been awarded. This inspection is called a promise assurance inspection. It focusses on the key areas that are essential to upholding children's right to be safe and be at the centre of their care. We report on them under the promise assurance foundation headings of; 'Voice', 'Care', and 'People'.

To prepare for the inspection we reviewed information about this service. This included previous inspection findings, registration and complaints information, information submitted by the service and intelligence gathered throughout the inspection year.

We confirmed that the service continued to have the rights and voices of children and young people at the heart of their care and support. We know this because on this inspection we:

- Reviewed survey responses from young people, professionals and staff
- Spoke with four young people using the service
- Spoke with five member of staff and management
- Observed practice and daily life
- Reviewed documents

Key messages

Voice

Young people's voices were at the centre of the care they received. Creative approaches were used by staff to engage young people in discussions about and the recording of their care in meaningful ways to them. Young people told us they were aware of their care plans and staff spoke to them about these which supported their understanding.

Staff supported young people to achieve their goals, such as returning to live in their home area. Collaborative working with external agencies supported young people in accessing the right supports to achieve their goals.

Care

Young people experienced very person centred, trauma-informed care which supported their overall wellbeing. We heard that young people felt safe and were able to speak to staff about anything they needed to which helped them feel listened to.

Staff were committed to providing young people opportunities to make memories during their time living at Newton. We heard about those living in the service going on holidays and trips together as well as individual opportunities for young people based on their interests.

People

Warm, nurturing and trusting relationships were evident between staff and young people. One young person told us they felt cared for by those in the service. Staff had a good understanding of young people and were able to use their relationships to de-escalate and offer support in times of crisis.

There was effective managerial oversight of the service and staff team to ensure young people experienced high quality care and support. Specific training had been sourced by the service in response to the needs of young people which allowed young people to be supported by knowledge staff they were familiar with.

Complaints

There have been no complaints upheld since the last inspection. Details of any older upheld complaints are published at www.careinspectorate.com.

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