

# Inspire- Eden Drive Care Home Service

12 Eden Drive  
Peterhead  
AB42 2AU

Telephone: 01779 478 998

**Type of inspection:**  
Unannounced

**Completed on:**  
11 February 2026

**Service provided by:**  
Inspire (Partnership Through Life) Ltd

**Service provider number:**  
SP2003000031

**Service no:**  
CS2003000328

## About the service

Inspire Eden Drive is a care home for four people who are living with learning disabilities. The home is located in a residential area of Peterhead. It is located close to shops, cafes, and transport links.

There are shared lounge and dining facilities. One bedroom has en suite shower and toilet facilities. There are a further two shower and toilet rooms for shared use.

There are gardens to the front and to the rear of the home and these were landscaped to a very good standard.

The provider of the service is Inspire (Partnership Through Life) Ltd c/o Community Integrated Care.

## About the inspection

This was an unannounced type two inspection which took place on 6 and 8 February 2026. The inspection was carried out by one inspector from the Care Inspectorate.

To prepare for the inspection we reviewed information about this service. This included previous inspection findings, registration information, information submitted by the service, and intelligence gathered since the last inspection.

In making our evaluations of the service we:

- spoke with four people using the service
- spoke with two staff and one manager
- observed practice and daily life
- reviewed documents.

## Key messages

- People were happy, relaxed, and comfortable living in the home.
- The staff group was stable and they had formed trusting friendships with people.
- People were supported to make their own choices and contribute to home life.
- Meals were decided by people and their dining experience was relaxed and sociable.
- People led full and meaningful lives and staff supported them to experience new things and create new memories.
- The home was clean and odour free. People contributed to housework to enable the home to remain a comfortable place to live.
- People had been supported to personalise their bedrooms. This created familiar and comforting spaces.
- Shared areas and spaces were well decorated and furnished.

## From this inspection we evaluated this service as:

In evaluating quality, we use a six point scale where 1 is unsatisfactory and 6 is excellent

How well do we support people's wellbeing?	5 - Very Good
How good is our setting?	5 - Very Good

Further details on the particular areas inspected are provided at the end of this report.

## How well do we support people's wellbeing?

5 - Very Good

We found significant strengths in aspects of the care provided and how these supported positive outcomes for people. Therefore, we evaluated this key question as very good.

The home was very welcoming. It was lovely to be welcomed to the home by persons who lived there. People had a sense of belonging and knew they were at home.

People appeared very well cared for. They had received the right care and support to help them look their best.

The staff team was stable and trusting relationships had formed with people. Staff knew people and this enabled them to quickly identify when there were changes to their physical or emotional wellbeing. This ensured that additional input from health professionals or support from staff was promptly implemented. This helped stabilise people's health and wellbeing. People lived in peaceful coexistence. There was a sense of companionship and friendship. They spoke with warmth and kindness about each other. This contributed to the feeling of a harmonious home life.

People were supported to remain active and engaged in home life. It was clear that people's days were full and the efforts taken to encourage them to contribute to home life demonstrated that their worth and value was recognised.

One person spoke about the importance of maintaining their occupation outwith the service. Living in a stable and safe home helped support their ability to fulfil their wishes to work. They were able to remain employed and this had a positive impact on their wellbeing.

People were involved in the planning of the menu. When meals had been agreed, people then helped with the shopping for the food and with the preparation of the meals. This recognised people's right to make their own decisions and their ability to contribute to home life.

Staff had good awareness of people's prescribed dietary requirements. Meals were adapted to meet the specific needs of people. Staff ensured that everyone had the opportunity to eat the same meals, however the textures were altered to meet people's specific needs. This prevented people feeling left out and eating different meals to their friends.

Mealtimes were relaxed and social occasions. There were no rigid timings and this meant that people could choose when they wanted their meal. Staff had their meals with people and this helped create the homely feel there was to the dining experience.

People's care plans were detailed and person-centred. Information was informed by people's needs, preferences, and their histories. Information on people's favourite memory and best past event was information that could inform conversations and help plan further events. There was detailed information on what makes a good day and a good week. This would help staff to support people to put in place the things that made their days and weeks positive experiences. Staff supported people to set goals or aspirations. This motivated people to enhance their lives and to create new memories through new experiences.

Risk assessments were in place when there was an identified risk to people's health, safety, and wellbeing. These were detailed and there were clear actions for staff to follow on how they could minimise the risks. This contributed to the safe and effective care and support people experienced.

Senior management had very good oversight of the service. They included people when they visited the home to assess compliance with the provider's systems and policies. Input and feedback from people ensured that managers' assessments were informed by outcomes and the experiences of people.

The service was supporting people to live full and productive lives and empowered them to contribute fully to home life.

## How good is our setting?

## 5 - Very Good

We found significant strengths in aspects of the care provided and how these supported positive outcomes for people. Therefore, we evaluated this key question as very good.

The home appeared very clean and odour free. Cleaning products were safely stored and people were supported to access these when they were cleaning their own bedrooms. One person said it was important for them to live in a clean environment and they were proud to be able to contribute to this.

There was a large spacious, well equipped kitchen. Surfaces had been decluttered and this made it easier to keep them clean. Cupboards were organised and this enabled people to independently help themselves to cups, plates, snacks etc. People had open access to the kitchen and made their own drinks and snacks. The service was enabling people to make their own decisions and retain skills.

There was a list of jobs for the week in the kitchen. People were aware of their job and they were happy to take part in home life and to keep the area clean and tidy.

The dining area in the kitchen had a domestic feel and people appeared to enjoy the relaxed, informal, and social aspect of having their meals here. There was a more formal dining area off the lounge. This was used for special occasions or events. Staff supported with the decorations and table settings for these events. This created lovely memories for people that they were able to share with their friends.

The shared lounge was spacious and well decorated and furnished. Chairs and sofas had been arranged to enable people to sit together and enjoy each other's company. People appeared very relaxed and comfortable in this room.

The condition of the flooring was in good order and there was no clutter in shared spaces and corridors. This helped support people to mobilise safely around the home.

The lighting was very good and the addition of lamps/occasional lighting enabled people to change the atmosphere through use of different light sources.

Shared shower rooms were clean and well organised. Personal protective equipment (PPE) was readily available without being obstructive or obvious.

People's bedrooms had been personalised to a very good standard. Two people invited us to visit their bedrooms and they were rightly proud of their rooms. They were decorated to people's taste and full of

items that were meaningful and of interest. We got a real feel for the person on how their bedrooms were decorated and personalised.

Staff had worked hard to ensure that people lived in a comfortable, safe, and enriching home environment. This had a positive impact on people's health and wellbeing.

## What the service has done to meet any areas for improvement we made at or since the last inspection

### Areas for improvement

#### Previous area for improvement 1

To support people's health and wellbeing and improve the quality of their support, the provider should ensure that a clear plan is in place to upload all relevant information into the online care planning software system.

This is to ensure that care and support is consistent with the Health and Social Care Standards (HSCS) which state that: 'My personal plan is right for me because it sets out how my needs will be met, as well as my wishes and choices' (HSCS 1.15).

**This area for improvement was made on 3 February 2025.**

#### Action taken since then

Improvements had been made to the quality of information contained in care plans. The service was fully on board with the electronic notes system and staff had updated care plans. The plans were person-centred and very detailed. The information could be used by staff to ensure that people received the care and support they needed and wanted.

**This area for improvement has been met.**

### Complaints

There have been no complaints upheld since the last inspection. Details of any older upheld complaints are published at [www.careinspectorate.com](http://www.careinspectorate.com).

## Detailed evaluations

How well do we support people's wellbeing?	5 - Very Good
1.3 People's health and wellbeing benefits from their care and support	5 - Very Good
How good is our setting?	5 - Very Good
4.1 People experience high quality facilities	5 - Very Good

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