

Middleton Hall Care Home Service

Hermitage House
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Uphall
Edinburgh
EH52 5DQ

Telephone: 01506 550280

Type of inspection:
Unannounced

Completed on:
11 February 2026

Service provided by:
Bekka Care Limited

Service provider number:
SP2022000028

Service no:
CS2022000044

About the service

Middleton Hall care home is registered to provide a care service to a maximum of 55 older people. The provider of the service is Bekka Care Limited. The home is located in the village of Uphall, West Lothian. The service registered with the Care Inspectorate on 14 February 2022.

Middleton Hall care home is set out across three levels within the main building of the care service. People living at Middleton Hall and their visitors can enjoy the separate activity centre named the Smile Centre, where they can take part in regular activities throughout the week.

At the time of inspection, there were 55 people living in Middleton Hall.

About the inspection

This was an unannounced follow up inspection. The inspection took place on 11 February 2026. The inspection was carried out by two inspectors from the Care Inspectorate, to follow up on a requirement made at a previous inspection in July 2025.

To prepare for the inspection we reviewed information about this service. This included previous inspection findings, registration information, information submitted by the service and intelligence gathered since the last inspection.

In following up on the requirement, we spoke with staff and management, observed practice and reviewed relevant documents.

Key messages

Although progress had been made, the service had not yet fully met the outstanding requirement and we have extended the date by which this must be met.

Improvements had been planned, however these needed to be documented on an improvement plan containing timescales and updated on progress, publicly displayed within the care home.

What the service has done to meet any requirements we made at or since the last inspection

Requirements

Requirement 1

By 30 January 2026, the provider must ensure that the service is operating in line with its conditions of registration so that people experience high quality facilities.

To do this the provider must, at a minimum:

- a) submit to the Care Inspectorate an up-to-date improvement plan to be agreed with the Care Inspectorate Registration Team, which includes timescales for completion
- b) complete or plan the necessary improvements as agreed with the Care Inspectorate in relation to the above
- c) publicly display the improvement plan within the care home.

This is to comply with Regulation 4 (1) (a) (b) (Welfare of service users) and 14 (d) (Facilities in Care Homes) of The Social Care and Social Work Improvement Scotland (Requirements for Care Services) Regulations 2011 (SSI 2011/210).

This is to ensure that care and support is consistent with the Health and Social Care Standards (HSCS) which state that:

'I experience an environment that is well looked after with clean, tidy and well-maintained premises, furnishings and equipment' (HSCS 5.22).

This requirement was made on 26 August 2025.

Action taken on previous requirement

We reviewed this requirement at our follow up inspection. An improvement plan was in place which had been agreed with the Care Inspectorate Improvement Team, however, this did not contain any documented timescales or updates on progress.

We were provided with some information verbally about the planned improvements, however, this needed to be documented on the improvement plan and publicly displayed within the care home.

This requirement was extended until 13 May 2026.

Not met

Complaints

There have been no complaints upheld since the last inspection. Details of any older upheld complaints are published at www.careinspectorate.com.

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