

# Fodderty House Care Home Service

Fodderty  
Dingwall  
IV15 9UE

Telephone: 01997 421 243

**Type of inspection:**  
Unannounced

**Completed on:**  
14 January 2026

**Service provided by:**  
Fodderty Care Ltd

**Service provider number:**  
SP2008009920

**Service no:**  
CS2007152586

## About the service

Fodderty House is a care home for older people located between Dingwall and Strathpeffer. It is registered to provide a care service to a maximum of 16 older people; this includes one bed for respite.

The care home building is a house which had been converted and extended. The home is situated within its own grounds, set back from the road. The two-storey building had 16 bedrooms over two floors, some of which have ensuite facilities.

The first floor accommodation can be accessed via the stairs or by the passenger lift. There are two lounges, one of which included the communal dining area.

The garden to the rear of the house had been landscaped to create an outside area for people to enjoy, this includes a summer house with non-slip decking to ensure people can enjoy the outside space safely.

The provider is Fodderty Care Ltd.

## About the inspection

This was an unannounced inspection which took place between 12 and 14 January 2026. The inspection was carried out by one inspector from the Care Inspectorate.

To prepare for the inspection we reviewed information about this service. This included previous inspection findings, registration information, information submitted by the service and intelligence gathered since the last inspection.

In making our evaluations of the service we:

- spoke or interacted with nine people using the service and 14 of their family or representatives
- spoke with 13 staff and management
- observed practice and daily life
- reviewed documents
- spoke with visiting professionals.

**Key messages**

- Staff treated people with warmth and kindness.
- The service had improved their review process and tracking of this.
- The building was clean, tidy, and comfortable.
- There continued to be access to a wide variety of activities indoors, outside, and within the local community.

**From this inspection we evaluated this service as:**

In evaluating quality, we use a six point scale where 1 is unsatisfactory and 6 is excellent

How well do we support people's wellbeing?	5 - Very Good
How good is our setting?	4 - Good

Further details on the particular areas inspected are provided at the end of this report.

## How well do we support people's wellbeing?

5 - Very Good

We found significant strengths in aspects of the care provided and how these supported positive outcomes for people, therefore we evaluated this key question as very good.

Staff were patient and kind when supporting people, and had developed good professional relationships with those living at Fodderty House, this meant people received responsive and compassionate care. Staff were well trained and knowledgeable in people's health conditions, and knew how to support them effectively. One person told us:

"We're all treated as individuals here. I feel very relaxed with all the attendants that come in."

A digital system was used for monitoring medication administration, and there was good oversight of this by management including recording the effect of PRN 'as required' medications. Staff were confident in the safe storage and administration of medication, this meant people received the right medication at the right time.

Care plans were of good quality and contained the important information staff required relating to people's health and wellbeing. Healthcare assessments and screening tools were updated regularly, and there had been improvements in the legal documentation recorded in care plans since the last inspection.

The service continued to have a well-led activities program which includes activities both inside and outside. The service had a mini bus which was used to support people to access appointments and remain part of their local community through activities and trips out.

Meals were prepared, cooked, and delivered to Fodderty House from a neighbouring care home. Mealtimes were relaxed and well-led by staff, and a 'room service' menu was available to people between meals. People were encouraged to share their meal and snack ideas, and to add items to the shopping list.

## How good is our setting?

4 - Good

We found several strengths which impacted positively on outcomes for people and clearly outweighed areas for improvement.

Fodderty house had a warm and welcoming atmosphere, and furnishings were homely. The environment was kept very clean by housekeeping staff, and supplies of personal protective equipment (PPE) were readily available for staff throughout the building.

Bedrooms varied in size, some had en suite toilet facilities and two had en suite shower rooms. A communal 'quiet room' had been created upstairs, and downstairs there was a large communal lounge and dining area, and a smaller lounge at the front of the building. The second floor could be accessed by stairs or a lift. There was a large communal bathroom downstairs with accessible bath and shower facilities. Equipment within the home had received routine safety checks and services.

The outside garden space at Fodderty house was well maintained and featured a summer house, outside furniture, and bird feeders which people enjoyed watching.

There was ongoing maintenance and improvements being made to the building, these included the planned upgrading of windows and repairs to the sprinkler system. The service should prioritise the installation of additional en suite facilities where feasible, and consider how smaller rooms could be enhanced through furnishings or layout to optimise space. Environmental assessments tools, good practice guidance, and self-evaluation should be used to identify and plan future environmental improvements.

## What the service has done to meet any areas for improvement we made at or since the last inspection

### Areas for improvement

#### Previous area for improvement 1

The service should ensure every person has a formal and person-centred review at least every six months that evaluates how support is meeting their needs, as identified in their care plan. Reviews should include input from people and/or their legal representatives.

This is to ensure that care and support is consistent with the Health and Social Care Standards (HSCS) which state that:

'I am fully involved in developing and reviewing my personal plan, which is always available to me' (HSCS 2.17).

**This area for improvement was made on 3 December 2024.**

#### Action taken since then

Formal six-monthly reviews of people's care and support were now being carried out within the service. Reviews were of good quality and included important and relevant information relating to people's health and wellbeing. The service should continue to update the review tracker being used regularly.

This area for improvement has been met.

#### Previous area for improvement 2

Where people's independence, choice and control are restricted, for example to prevent a fall, the service should ensure all legal arrangements and consents are in place. Where people are not able to fully express their wishes and preferences, the necessary consents must be signed by the person's legally appointed guardian. This includes all restrictive measures such as, but not limited to, equipment such as sensor mats and wheelchair lap belts.

This is to ensure that care and support is consistent with the Health and Social Care Standards (HSCS) which state that:

'I experience high quality care and support based on relevant evidence, guidance and best practice' (HSCS 4.11); and

'My rights are protected by ensuring any surveillance or monitoring device that I or the organisation use is necessary and proportionate and I am involved in deciding how it is used' (HSCS 2.7).

**This area for improvement was made on 3 December 2024.**

**Action taken since then**

Where people had equipment in place for their safety, such as sensor mats, the appropriate risk assessments had been carried out, and consent sought from legal proxies were applicable. The service should continue to document, assess, and review any restrictive measures in line with best practice guidance.

This area for improvement has been met.

**Complaints**

There have been no complaints upheld since the last inspection. Details of any older upheld complaints are published at [www.careinspectorate.com](http://www.careinspectorate.com).

## Detailed evaluations

How well do we support people's wellbeing?	5 - Very Good
1.3 People's health and wellbeing benefits from their care and support	5 - Very Good
How good is our setting?	4 - Good
4.1 People experience high quality facilities	4 - Good

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