

# Strathy House Care Home Service

Motherwell

**Type of inspection:**  
Unannounced

**Completed on:**  
18 February 2026

**Service provided by:**  
Inspire Scotland Limited

**Service provider number:**  
SP2012011803

**Service no:**  
CS2022000377

## About the service

Strathy House is part of Inspire Scotland and is registered with the Care Inspectorate to provide care to a maximum of three young people. At the time of inspection the service had two young people living within the house.

Strathy House is a detached house located in North Lanarkshire. The house is spacious and homely and has been maintained and decorated to a high standard. At the time of the inspection the house was undergoing renovation work to increase the communal spaces available and add a manager's office space.

## About the inspection

This was an unannounced inspection which took place on 18 February 2026 between 09:30 and 17:30. The inspection was carried out by one inspector from the Care Inspectorate.

This was a pilot inspection to test a new way of inspecting to provide assurance that better performing services continue to strive to meet The Promise. No new evaluations (grades) have been awarded. This inspection is called a Promise Assurance inspection. It focusses on the key areas that are essential to upholding children and young people's right to be safe and be at the centre of their care. We report on them under The Promise foundation headings of 'Voice', 'Care', and 'People'.

To prepare for the inspection we reviewed information about this service. This included previous inspection findings, registration information, information submitted by the service, and intelligence gathered since the last inspection.

We confirmed that the service continued to have the rights and voices of children and young people at the heart of their care and support.

We know this because on this inspection we:

- spoke with two people using the service
- spoke with two staff and one manager
- observed practice and daily life
- reviewed documents
- spoke with visiting professionals.

## Key messages

### Voice

Young people were at the centre of the care and support and were supported to achieve goals meaningful to them. Staff were committed to providing scaffolding to ensure young people could achieve the best possible outcomes and achievements were always celebrated.

We heard from young people that staff were "kind" and "my keyworker is my favourite, she's the best cook and she is fun". Staff were creative in ensuring when young people wanted to try new hobbies that this was acted upon.

The service ensured young people knew their right to continue living at Strathy House and they supported this.

### Care

Staff knew young people well and this meant they could identify when they needed comfort. Care was trauma-informed and periods of distress were dealt with respectfully and empathically, allowing young people to develop their skills and resilience. Relationships were prioritised and seen as fundamental to good outcomes. Trusting relationships were evident.

Fun was a core principle of care, which contributed to young people's positive emotional development and wellbeing.

### People

Leaders valued person-centred and trauma-informed care in all aspects of the service. The team felt empowered and valued because the "openness and ability to ask questions" meant that.

Effective managerial oversight meant that any identified improvements were addressed quickly. Young people felt able to speak to someone if they had any worries.

The team were knowledgeable and had strong attachments to the young people they looked after. They recognised the lasting positive impact they could make on the young people's lives and worked hard to ensure they experienced positive outcomes.

## Complaints

There have been no complaints upheld since the last inspection. Details of any older upheld complaints are published at [www.careinspectorate.com](http://www.careinspectorate.com).

## To find out more

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