

Southfields Care Home Service

Southfield House Care Services Ltd
Slamannan
Falkirk
FK1 3BB

Telephone: 01324 851 336

Type of inspection:
Unannounced

Completed on:
18 February 2026

Service provided by:
Swanton Care and Community
(Southfield House Care Services)
Limited

Service provider number:
SP2003003257

Service no:
CS2003055991

About the service

Southfields is a care home service for adults with a learning disability aged 16-35 years. It is situated in a rural location by the village of Slamannan, near Falkirk.

Southfields sits in large grounds in a countryside location. Public transport links are limited, although the service does have its own vehicles.

At the time of this inspection, seven people were living in the home. Five people live in the main house, while two people have their own independent apartment on the site. The main house is set out over two floors. It has en suite bedrooms on both floors, along with several lounges, quiet spaces, a large kitchen and bistro style dining facilities.

About the inspection

This was an unannounced inspection which took place on 17 and 18 February 2026. The inspection was carried out by one inspector from the Care Inspectorate.

To prepare for the inspection, we reviewed information about this service. This included previous inspection findings, registration information, information submitted by the service and intelligence gathered since the last inspection.

In making our evaluations of the service we:

- received feedback and spent time in the company of people using the service, and received feedback from one relative
- received feedback and spoke with staff and management
- observed practice and daily life
- received feedback from visiting professionals.

Key messages

- People were supported with respect, dignity and kindness by staff who knew them very well.
- The service focussed on outcomes for people which meant they were getting the most out of life while living at Southfields.
- People lived in a homely environment that was clean, well maintained and designed to meet their individual needs and preferences.

From this inspection we evaluated this service as:

In evaluating quality, we use a six point scale where 1 is unsatisfactory and 6 is excellent

How well do we support people's wellbeing?	5 - Very Good
How good is our setting?	5 - Very Good

Further details on the particular areas inspected are provided at the end of this report.

How well do we support people's wellbeing?

5 - Very Good

We found significant strengths in aspects of the care provided and how these supported positive outcomes for people; therefore, we evaluated this key question as very good.

People benefitted from warm, encouraging, positive relationships between staff and the people they supported, and this provided meaningful interaction in people's lives.

Each individual received specific and planned support to maintain relationships with loved ones and be involved in meaningful activity. Support and planned outcomes were clearly detailed in the plans which were easy to follow. This meant that care and support was provided consistently in a very person-centred way. We saw a focus on individual outcomes recorded and saw how these outcomes came to life on a day-to-day basis.

People received regular reviews of their care and support and through feedback told us that they were involved in decisions about the care and support and about their service overall. We saw the use of creative communication tools that meant everyone had a voice and was listened to.

Health needs were met in a proactive and consistent way because staff knew people well and had formed good relationships with the local GP practice and other specialist teams within the Health and Social Care Partnership. When health needs changed, we saw an organised and timely approach to ensure that staff had the right information and knowledge to provide safe care and support. The service also encouraged people to participate in physical activities tailored to individual abilities and this included daily walks as well as access to sports facilities and classes in the community.

When people needed support with medication, they could be confident that this was provided safely with robust processes and oversight from the leadership team and included regular medication reviews.

People were supported with healthy eating and encouraged to make healthy choices in meals and snacks. We heard some concerns about the planning and preparation of meals and were aware that the service had been working to address this. Staff worked hard to make sure this had not impacted on people's nutritional needs and people were involved in the consultation about arrangements for shopping and cooking.

When we asked people about living at Southfields, people fed back that they had been supported to do the things that they wanted to do when they wanted to, were supported to keep well and were very happy with the service provided.

How good is our setting?**5 - Very Good**

We found significant strengths in aspects of the environment and how these directly contributed to positive outcomes for people; therefore, we evaluated this key question as very good.

People living at Southfields enjoyed a light, bright and homely building with good access to outside space and generous views of the surrounding countryside. The building was well maintained and the service had made sure that essential safety checks were up to date including gas, fire, electrical and water safety testing. The home was very clean and staff were familiar with good practice guidance, particularly in infection prevention and control. We saw very few areas that need attention and were confident in the service's plan to address these.

When we asked people about their home, we heard that Southfields was comfortable and homely, bedrooms were to individual preferences, and it was important to people that they could access outside when they wanted and have quiet spaces when they chose.

The décor had been arranged to suit people who lived there with significant thought and consultation into every aspect of the design. There were plenty of communal and small quiet spaces available, and people used these individually for their preferred personal use. This meant that people could easily choose when to spend time with others and had various options when they wanted time alone. We saw how this worked to support a calm and relaxed environment that supported recreational activity, individual outcomes and generally, living well.

Complaints

There have been no complaints upheld since the last inspection. Details of any older upheld complaints are published at www.careinspectorate.com.

Detailed evaluations

How well do we support people's wellbeing?	5 - Very Good
1.3 People's health and wellbeing benefits from their care and support	5 - Very Good
How good is our setting?	5 - Very Good
4.1 People experience high quality facilities	5 - Very Good

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