

# Clyde Valley Care Home Care Home Service

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Lanark  
ML11 8QP

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**Type of inspection:**  
Unannounced

**Completed on:**  
13 February 2026

**Service provided by:**  
Enhance Healthcare Ltd

**Service provider number:**  
SP2012011938

**Service no:**  
CS2016350780

## About the service

Clyde Valley Care Home is owned by Enhance Healthcare Ltd and is situated outside the village of Carstairs, South Lanarkshire. The home is registered to provide care to a maximum of 33 adults with mental health problems and/or learning disabilities. One bedroom is used for respite/short stay.

The home is an adapted period mansion house, set in extensive grounds with beautiful views over the surrounding countryside. Accommodation is over three levels with a lift providing access. The home has single bedrooms which all have en suite facilities and a variety of shared and private spaces including lounge, dining and activity areas. People also have access to large grounds and gardens. There are good car parking facilities on the premises.

At the time of the inspection there were 33 people living at the home.

## About the inspection

This was an unannounced inspection which took place on 11 and 12 February 2026. The inspection was carried out by one inspector from the Care Inspectorate.

To prepare for the inspection we reviewed information about this service. This included previous inspection findings, registration information, information submitted by the service and intelligence gathered since the last inspection.

In making our evaluations of the service we:

- spoke with nine people using the service
- spoke with 11 staff and management
- observed practice and daily life
- reviewed documents

## Key messages

- Staff were highly thought of by people living in the care home.
- Little turnover of staff had provided opportunities for people and staff to build strong relationships and trust.
- The care home was large, airy and bright with plenty of outdoor space.

## From this inspection we evaluated this service as:

In evaluating quality, we use a six point scale where 1 is unsatisfactory and 6 is excellent

How well do we support people's wellbeing?	5 - Very Good
How good is our setting?	5 - Very Good

Further details on the particular areas inspected are provided at the end of this report.

## How well do we support people's wellbeing?

5 - Very Good

We found significant strengths in aspects of the care provided and how these supported positive outcomes for people, therefore we evaluated this key question as very good.

We spent time chatting with people who told us they were happy living there. They spoke highly of the staff team and told us they got on well with staff, they felt they were treated well and with kindness. People told us staff provided the support they needed yet encouraged them to be as independent as possible. One said staff were 'worth their weight in gold'.

Our observation of staff practice confirmed this.

People benefited from an established, experienced, and motivated staff team. Many staff had worked in the service for some time which had provided opportunities for relationships and trust to be built between people living there and staff. We observed staff being attentive to people in a warm and engaging way. They were supportive of each other with good teamwork evident. Staff we spoke with had effective oversights and knowledge of people living in the care home.

People were encouraged to make decisions about their day to day activities such as where they wanted to go and what they wanted to do. There were meetings to discuss activities but these were poorly attended. Being outside promotes good mental health and helps prevent isolation therefore we were pleased to hear of people going to college and trips to the transport museum for example.

Staff followed safe practices for medication management. People could be assured medication was well managed. Records were well completed and showed people received the right medication at the right time. Audits of medication records ensured any issues were picked up quickly.

People's care plans were reflective of the care and support that was provided. Care plans included information on specific health conditions to ensure people received support to meet their individual needs. We found that the care plans were regularly reviewed and updated in partnership with people to ensure it continued to meet any changing needs.

## How good is our setting?

5 - Very Good

We found significant strengths in aspects of the care provided and how these supported positive outcomes for people, therefore we evaluated this key question as very good.

Clyde Valley Care Home is a lovely big house with lots of large rooms and comfortable areas for people to sit. People benefitted from a warm, comfortable, welcoming environment with high ceilings that made the home feel airy and large windows which provided lots of natural light and a fantastic view of the Clyde Valley. The environment was relaxed, clean, tidy and well maintained, with no evidence of intrusive noise or smells.

There were small kitchen areas off each lounge where people could make their own snacks and drinks independently.

The decking area provided a lovely seated area for people to enjoy the outside space which is beneficial to their health and wellbeing. A detailed development plan included changes to the garden to provide different

uses. The addition of astro turf for football and badminton will help encourage people outside and will provide opportunities for exercise and socialisation.

There were clear planned arrangements for the regular monitoring and maintenance of the premises and the equipment to ensure people were safe.

People were encouraged to personalise their bedrooms to ensure that they were individual to their taste and home comforts including photographs and ornaments.

There were monthly audits of mattresses, bedrails and pressure cushions. These checks made sure people had equipment and furnishings that were kept in good order and were fit for purpose.

## Complaints

There have been no complaints upheld since the last inspection. Details of any older upheld complaints are published at [www.careinspectorate.com](http://www.careinspectorate.com).

## Detailed evaluations

How well do we support people's wellbeing?	5 - Very Good
1.3 People's health and wellbeing benefits from their care and support	5 - Very Good
How good is our setting?	5 - Very Good
4.1 People experience high quality facilities	5 - Very Good

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