

Barrington House Care Home Service

67 Wilson Street
Beith
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Telephone: 01505 500 042

Type of inspection:
Unannounced

Completed on:
4 February 2026

Service provided by:
Voyage 1 Limited

Service provider number:
SP2004005660

Service no:
CS2003001164

About the service

Barrington House is a registered care home for adults with learning disabilities. The provider is Voyage 1 Limited.

Barrington House is a large, detached villa set in maintained grounds in Beith, with good access to local amenities and transport links. Accommodation is based over two floors with a communal dining kitchen, laundry, lounge and conservatory, as well as spacious gardens. There are two bedrooms and one shared wet room on the ground floor, a shared bathroom and five bedrooms on the first floor; one bedroom had an en-suite.

At the time of inspection, there were seven residents at Barrington House.

About the inspection

This was an unannounced inspection which took place on 2 and 3 February 2026 between the hours of 11:45 and 18:15. The inspection was carried out by one inspector from the Care Inspectorate.

To prepare for the inspection, we reviewed information about this service. This included previous inspection findings, registration information, information submitted by the service and intelligence gathered since the last inspection.

In making our evaluations of the service we:

- spoke with three people using the service and three of their family
- spoke with five staff and management
- observed practice and daily life
- reviewed documents
- reviewed feedback gathered from our survey that was completed by two relatives and two visiting professionals.

Key messages

- People experienced warm, respectful and person-centred care.
- People's health needs were monitored effectively, with timely contact with health professionals.
- Medication support was safe and well managed.
- People benefitted from a wide range of meaningful activities and opportunities that reflected their interests and promoted wellbeing.
- The environment was clean, calm, homely and well maintained.

From this inspection we evaluated this service as:

In evaluating quality, we use a six point scale where 1 is unsatisfactory and 6 is excellent

How well do we support people's wellbeing?	5 - Very Good
How good is our setting?	4 - Good

Further details on the particular areas inspected are provided at the end of this report.

How well do we support people's wellbeing?

5 - Very Good

We found significant strengths in aspects of the care provided and how these supported positive outcomes for people; therefore, we evaluated this key question as very good.

Staff knew people well and used this knowledge to provide calm, reassuring and individualised support. They recognised subtle signs of distress, sensory overload or anxiety and adapted their interactions to help people feel settled. People were supported using personalised strategies, such as familiar objects, predictable routines, and distraction methods, including approaches clearly recorded in their plans. This contributed to people feeling safe, respected and understood.

There was clear and detailed monitoring of people's health. Records showed timely GP contact, accurate documentation of minor illnesses, and appropriate notifications to Public Health. Monthly infection prevention audits were completed and used to maintain safe standards. This gave confidence that people's health changes were identified promptly and acted upon.

Medication systems were well organised, safe and person centred. Medication passports contained information about diagnoses, allergies, and how each person preferred to take their medication. 'As required' medication protocols were clearly written and consistently followed. Regular stock checks at each shift reduced the risk of missed doses and ensured that any discrepancies were identified quickly. These measures meant people experienced safe and reliable medication support.

Support plans contained rich information about communication styles, sensory needs, stress and distress triggers, mental and physical health needs, nutrition, and community participation. Plans described how staff should adapt communication, including the use of Makaton, visual tools and objects of reference. Daily notes demonstrated that people were supported to be as independent as possible with tasks such as meal preparation, household jobs and choosing activities. This enabled people to have meaningful control over their daily routines.

People took part in a wide range of activities that reflected their interests. These included community outings, regular exercise, holidays, swimming, cinema trips, and involvement in day-to-day household routines. Staff understood the importance of structure and predictability for people who benefitted from it, and at the same time encouraged choice and spontaneity. People spoke positively about what they enjoyed, and relatives confirmed this. The strong activity programme contributed significantly to people's emotional wellbeing, confidence and quality of life.

Staff were transitioning to the new digital recording system. While activity records were still developing, discussions with people, staff and relatives showed that activities were happening frequently and reflected people's choices. The limited recording did not impact on people's outcomes but should continue to improve to fully demonstrate the high standard of support being delivered.

Relatives consistently described people as safe, well cared for and happy. They felt informed, involved and reassured by the staff team, praising communication, kindness and the quality of support. Professionals also provided very positive feedback, noting staff competence, clear communication and strong leadership oversight. This reflected a culture where people's wellbeing and rights were central to practice.

How good is our setting?

4 - Good

We evaluated this key question as good, where several strengths impacted positively on outcomes for people and clearly outweighed areas for improvement.

We found the home to be clean, fresh and free from odours. New flooring throughout the service had brightened communal areas and helped create a more modern and welcoming feel. Natural light, uncluttered spaces and a calm atmosphere contributed to people feeling relaxed and at ease in their surroundings. People could choose to spend time in their own rooms, the lounge or the conservatory, which offered quiet, low stimulus spaces when needed.

People's bedrooms were uniquely decorated to reflect their personal tastes and interests. This included individual colour choices, pictures, preferred décor and meaningful items. These individual touches helped people feel a sense of pride and ownership over their space and supported comfort, dignity and identity. One person had access to their own en-suite facilities, whilst the six other people shared communal bathrooms on each floor of the home.

The layout of the home was simple and easy for people to move around. People upstairs were able to mobilise independently, and those downstairs had access to a walk-in shower that had been installed specifically to meet identified needs. The spacious dining room, conservatory and small lounge area gave people choice about where they spent their time. It was clear that people used all areas of the home comfortably and freely.

The large garden was accessible and used regularly. People were able to go outside when they wished. The availability of safe, open outdoor space contributed positively to people's wellbeing.

We found that routine safety checks being completed consistently. These included daily checks such as escape routes, the fire panel, water temperatures, vehicle checks and lint removal. Weekly safety checks and servicing records for equipment, gas safety, sprinklers, fire extinguishers, electrical systems and legionella assessments were all in date. The service used an online maintenance system, and repairs were actioned by the property team. This ensured the environment remained safe and well maintained.

A recent fire safety audit had highlighted several actions required. The service had an action plan in place and work to address these points was progressing. This demonstrated good awareness and responsiveness, although not all actions had been completed at the time of inspection.

Cleaning schedules were well organised and clearly recorded. Communal areas and people's bedrooms were cleaned daily, with weekly deep cleaning overseen by senior staff. This contributed to the consistently clean and hygienic environment observed throughout the inspection.

The laundry area was limited in space; however, the service had a system in place to ensure appropriate infection prevention and control measures were in place. There was a need for a handwash sink; however, we were able to see evidence that this was in the process of being put in place.

Complaints

There have been no complaints upheld since the last inspection. Details of any older upheld complaints are published at www.careinspectorate.com.

Detailed evaluations

How well do we support people's wellbeing?	5 - Very Good
1.3 People's health and wellbeing benefits from their care and support	5 - Very Good
How good is our setting?	4 - Good
4.1 People experience high quality facilities	4 - Good

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