

Leonard Cheshire Disability - Bath Street Care Home Service

25 Bath Street
Edinburgh
EH15 1HB

Telephone: 01316 690 094

Type of inspection:
Unannounced

Completed on:
2 February 2026

Service provided by:
Leonard Cheshire Disability

Service provider number:
SP2003001547

Service no:
CS2003010994

About the service

Leonard Cheshire - Bath Street service is a care home registered to provide support to five adults with learning disabilities. It is situated within the Portobello area of Edinburgh. The provider is Leonard Cheshire Disability.

At the time of the inspection five people were experiencing care in the service.

About the inspection

This was a unannounced inspection which took place on 28 and 29 January 2026. The inspection was carried out by one inspector from the Care Inspectorate.

To prepare for the inspection we reviewed information about this service. This included previous inspection findings, registration information, information submitted by the service and intelligence gathered since the last inspection.

In making our evaluations of the service we:

- Met with five people experiencing care
- Spoke with three of their relatives
- Spoke with five staff and management
- Observed practice and daily life
- Reviewed documents
- Spoke with visiting professionals.

Key messages

- People experienced high quality care and support from a skilled and consistent staff team.
- The service worked closely with health services, contributing to very positive health outcomes.
- Support was person-led, and promoted independence and skills development.
- People and those important to them were involved in regular reviews of their care and support.
- People experienced high quality facilities which promoted their wellbeing and comfort.

From this inspection we evaluated this service as:

In evaluating quality, we use a six point scale where 1 is unsatisfactory and 6 is excellent

How well do we support people's wellbeing?	5 - Very Good
How good is our setting?	5 - Very Good

Further details on the particular areas inspected are provided at the end of this report.

How well do we support people's wellbeing?

5 - Very Good

We found significant strengths in aspects of the care provided and how these supported positive outcomes for people, therefore we evaluated this key question as very good.

People experienced kind, respectful and dignified care and were observed to be relaxed and at ease in their home surroundings. The small staff team interacted with people using their preferred communication methods and demonstrated that they knew people's needs and preferences very well. This meant that people benefitted from compassionate and consistent care.

Relatives spoke very positively of their loved ones' experience. One described the manager and staff team as being "flexible and responsive", another said, "They are very, very good. [Name of supported person] gives staff big smiles, she is happy with them." Families and guardians also reported that they were involved in decisions affecting the service, and communication was very good. This meant that people could be assured that those important to them were included in their care and support planning and there was effective communication to continually improve their experience of care.

The service monitored people's health well, kept detailed daily records and had close relationships with community health services. This supported staff to quickly respond to any changes in people's health. Staff were well trained and clear on their responsibilities to support people to stay safe and well. Feedback from involved professionals spoke positively about the proactive way the service advocated for people. This meant that people experienced very positive health outcomes as a result of the care they received.

People's personal plans and risk assessments were comprehensive and personalised. Plans were easy to follow and accessible for people, staff, and families. Annual reviews were of a very high standard and promoted the involvement of people and their families. We spoke with the service about strengthening six-monthly reviews to replicate this impressive practice.

Medication systems were robust, with staff having appropriate training and good management oversight. Medication was stored securely within people's bedrooms where they wished this, which promoted independence. People's care plans recorded their health support needs in detail. This meant that people experienced treatment and interventions that were safe and effective.

People were supported to do their own food shopping each week. We observed that people chose when and where they ate their meals, with menus planned in a flexible way which respected people's day to day decisions. Where people needed support to eat and drink, this was provided in a calm and respectful way. People's dietary requirements were well known to staff. Records were kept of people's food and fluid intake when this was required, and referrals for specialist support were made if needed. This meant that people experienced very good support to maintain a healthy diet and good hydration.

How good is our setting?

5 - Very Good

We found significant strengths in aspects of the setting and how this supported positive outcomes for people, therefore we evaluated this key question as very good.

The home had a warm and friendly atmosphere, and relatives we spoke with told us they were welcome to visit at any time. People could choose from a variety of communal areas, including the adapted kitchen,

lounge, dining room, sensory room, and a quiet space with interactive technology, as well as their own private ensuite bedroom. Bedrooms were personalised, with decoration, photos, and furniture of people's choosing, making them unique and homely. This demonstrated that people's preferences were respected, which supported them to feel as comfortable as possible in their home.

People could access a pleasant garden where they enjoyed spending time outside. The service had followed recent fire service advice to keep the garden gate unbolted, which meant that this space was no longer enclosed. We spoke with the manager about ensuring this was appropriately reflected in everyone's risk assessment. This would mean that people could continue to access outside space in a safe manner. We were assured that the manager intends to follow this up as a priority.

The setting was generally well decorated with high quality furnishings. The manager was actively liaising with the landlord to upgrade some aspects, such as the corridor flooring. We discussed some other areas that would benefit from an upgrade and were confident that the manager would progress this. This would ensure that people continued to experience an environment that was maintained to a high standard.

Further improvements had been planned with people and their families, including replacing the current sofa and obtaining new sensory equipment for the garden. While this demonstrated that people were involved in making decisions about their home, there had been a frustrating delay in the release of agreed funding for this. We asked the provider to ensure that this funding was made available so that people's wellbeing could benefit as planned. We will monitor how this progresses.

People benefitted from an environment suitable for their needs. The kitchen was spacious and able to facilitate use by people with mobility aids, which meant that they could develop skills and enjoy participating in meal preparation. All bedrooms had the option of ceiling track hoists and people were supported to obtain specialist equipment suited to their assessed needs. This showed that the environment had been adapted, equipped, and furnished to meet people's needs and promote their independence.

The environment and equipment were maintained to high standard of cleanliness with infection control measures in place to promote safety and wellbeing. Staff were seen to wear, use and dispose of personal protective equipment such as gloves and aprons in line with guidance. This helped people keep safe and well.

Complaints

There have been no complaints upheld since the last inspection. Details of any older upheld complaints are published at www.careinspectorate.com.

Detailed evaluations

How well do we support people's wellbeing?	5 - Very Good
1.3 People's health and wellbeing benefits from their care and support	5 - Very Good
How good is our setting?	5 - Very Good
4.1 People experience high quality facilities	5 - Very Good
4.2 The setting promotes people's independence	5 - Very Good

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Dundee
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