

Cornerstone Aberdeen South Housing Support Service

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Type of inspection:
Unannounced

Completed on:
26 January 2026

Service provided by:
Cornerstone Community Care

Service provider number:
SP2003000013

Service no:
CS2015343108

About the service

Cornerstone Aberdeen South is a housing support and care at home service providing care to adults with a learning disability. The provider is Cornerstone Community Care, a large voluntary organisation and registered charity, which provides care services across much of Scotland.

At the time of inspection the service was supporting five people in their own homes (two houses shared with small groups of people).

About the inspection

This was an unannounced follow-up inspection which took place on 26 January 2026. The inspection was carried out by one inspector from the Care Inspectorate. The inspection focused on the requirement made during the previous inspection which took place on 4 November 2025. We evaluated how the service had addressed this to improve outcomes for people. To prepare for the inspection we reviewed information about this service. This included previous inspection findings, registration information, information submitted by the service and intelligence gathered since the last inspection.

In making our evaluations of the service we:

- Spoke with three people using the service
- Spoke with two staff and management
- Observed practice and daily life
- Reviewed documents.

Key messages

- People seemed to be happy.
- The medication system was good and was being used correctly.

What the service has done to meet any requirements we made at or since the last inspection

Requirements

Requirement 1

By 3 October 2025, the provider must ensure people's wellbeing is supported through good practice in all areas of administration, recording and storage of medications.

This is to comply with Regulation 4(1)(a) of The Social Care and Social Work Improvement Scotland (Requirements for Care Services) Regulations 2011 (SSI 2011/210).

This is to ensure that care and support is consistent with the Health and Social Care Standards (HSCS) which state that:

'I experience high quality care and support based on relevant evidence, guidance and best practice' (HSCS 4.11).

This is to ensure that care and support is consistent with Aberdeen City Health & Social Care Partnership (ACHSCP) Medication Support Service Guidance for Adult Services Version 3 (April 2017).

This requirement was originally made on 11 September 2025, extended to 3 October 2025, and then extended to 9 January 2026.

This requirement was made on 11 September 2025.

Action taken on previous requirement

The system for ordering, storing, administering and recording medication was good and was usually used well.

Temperature charts for the storage cupboards were in place, and the recording chart was completed for most days in the week. All temperatures were within normal range.

There was one query about a medication which did not have a box on the present Medication Administration and Recording sheet (MARS). The manager knew exactly why that was, and it was not

detrimental to the person's health. This will be discussed with the pharmacy to ask that there is a MARS box available at all times. This will help the service to keep track of, and count the medication.

There was a good system being used whereby the person who is administering the medication also counts the tablets at each administration time. This seemed to have decreased errors and certainly meant they were identified more quickly.

There were a small number of ambiguous statements on a Support I Need To Take My Medication document, which would not have directly affected the person receiving the medication. However, the manager was happy to alter the document so that there was absolutely no ambiguity about the person's medication requirements.

Where people had emergency medication, for example for epilepsy, it was kept in a separate bag within the locked cabinet, along with instruction for use. This made it easy to find and use, resulting in people receiving quick support when required.

Met - within timescales

Complaints

There have been no complaints upheld since the last inspection. Details of any older upheld complaints are published at www.careinspectorate.com.

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