

Carberry House Care Home Care Home Service

Carberry House
Carberry Estate
Musselburgh
EH21 8PY

Telephone: 01316 652 882

Type of inspection:
Unannounced

Completed on:
26 January 2026

Service provided by:
Carberry House Care Home, a
partnership

Service provider number:
SP2003002609

Service no:
CS2003011120

About the service

Carberry House Care Home is a privately run care home within a countryside location near Musselburgh East Lothian. The home can accommodate up to 24 older people over 2 floors. At the time of inspection 23 people were living in the home.

The provider, Carberry House Care Home, a partnership, has been registered by the care Inspectorate since 1 April 2002 to provide the service.

About the inspection

This was an unannounced inspection which took place on between 20 and 26 January 2026. The inspection was carried out by an inspector from the Care Inspectorate.

To prepare for the inspection we reviewed information about this service. This included previous inspection findings, registration information, information submitted by the service and intelligence gathered since the last inspection.

In making our evaluations of the service we:

- Spoke with six people using the service and two of their family
- Spoke with 11 staff and management
- Observed practice and daily life
- Reviewed documents
- Spoke with visiting professionals

Key messages

- People described being happy living in the care home
- Relatives were happy that their relative was content and felt at home
- People's health and wellbeing was supported well
- The property and grounds were well maintained and of a high standard

From this inspection we evaluated this service as:

In evaluating quality, we use a six point scale where 1 is unsatisfactory and 6 is excellent

How well do we support people's wellbeing?	5 - Very Good
How good is our setting?	5 - Very Good

Further details on the particular areas inspected are provided at the end of this report.

How well do we support people's wellbeing?

5 - Very Good

We found significant strengths in aspects of the care provided and how these supported positive outcomes for people, therefore we evaluated this key question as very good.

We observed compassionate, warm and friendly interactions between staff and people using the service. Staff had clearly built good connections with people, and these had impacted positively on people's health and wellbeing. One relative commented "I am so happy (relative), is happy".

The service had developed respectful relationships with external healthcare providers, who regularly visited the home to support people with clinical issues. One professional described how the team ensured that appropriate referrals were made when they noticed changes in people's health and care needs. This ensured that people's changing medical needs were being supported by the right people at the right time.

Medication was managed well by the team and audited by the managers. Staff were supported with training and regular competency observations that supported staff to develop and maintain their practice in the recording and administration of medication. This meant that people could be assured that their medication was being administered well and in line with guidance.

People's personal plans included detailed information on how to support people's health and wellbeing well. People were supported well with their mobility, with falls risks regularly assessed, to ensure that people were supported appropriately to avoid trips and falls. There were a range of other assessments and audits in place to ensure that people were receiving the right kind of care and support for their changing health and wellbeing needs.

Activities were a strong focus of the home, with a varied timetable of events, outings and social opportunities developed. This included physical activities like seated yoga and walks in the local countryside and seaside. Arts and crafts, quizzes and group crosswords were also very popular. The activities supported people to be more physically active and engage in developing relationships and friendships within the home. This provided the home with a sense of community and friendship.

People were supported well with their fluids and nutrition, with charts and monitoring in place if this was required. Snacks and drinks were accessible for people and fresh fruit was on offer in the communal areas. This meant that people could help themselves to snacks if they chose to.

People generally described the food as good, but some commented that the options were repetitive and didn't always fit with people's preferences. We discussed this with the manager, who agreed to look into gaining additional information on people's preferences when menu planning.

Mealtimes we observed were relaxed and sociable times within the home. Tables were laid nicely, with table cloths, condiments and flowers. People could choose alternatives if they didn't like what was on offer on the menu and could eat their meals within the communal areas or in their own room if they wished.

Staff supported people well with their food choices and ensured that people had the right aids for eating if they required this. This allowed people to be as independent as they could be.

How good is our setting?**5 - Very Good**

We found significant strengths in aspects of the care provided and how these supported positive outcomes for people, therefore we evaluated this key question as very good.

The care home had a warm, welcoming and homely feel. With all communal areas clean, tidy and well decorated. Relatives described that the home had recently been redecorated and this had made a great improvement. One person commented that the dining room felt like a café, which they appreciated. Communal areas had a mix of seating and people clearly had their favourite places to sit and watch what was going on in the home. This meant that people were comfortable in the home and its surroundings.

People's rooms were as personalised as they wished them to be, with family photographs, art and possessions. In general people spent most of their day in the communal areas of the home, but people could spend as much or as little time in their own company in their rooms as they wished. This ensured that people had personal private space if they wanted or needed it.

The home was well maintained, with health and safety checks completed on a regular basis. Including fire safety, legionella checks, as well as carbon monoxide testing. External companies were used to ensure that specialist equipment was maintained and serviced well. This ensured that the home was a safe place to live and work.

We observed that some flooring was in need of renewal, which the manager and maintenance officer explained was awaiting imminent replacement. The home's development plan clearly identified any areas of the building that needed maintenance or replacement and set timescales for completion. This meant that the property was maintained to a high level.

We observed a potential falls hazard within one of the corridors, which was dealt with immediately by the manager, reducing the risk of trips and falls for people.

Complaints

There have been no complaints upheld since the last inspection. Details of any older upheld complaints are published at www.careinspectorate.com.

Detailed evaluations

How well do we support people's wellbeing?	5 - Very Good
1.3 People's health and wellbeing benefits from their care and support	5 - Very Good

How good is our setting?	5 - Very Good
4.1 People experience high quality facilities	5 - Very Good

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