

Anderida Adolescent Care Care Home Service

Invergordon

Type of inspection:
Announced (short notice)

Completed on:
15 October 2025

Service provided by:
Anderida Adolescent Care Limited

Service provider number:
SP2003003251

Service no:
CS2004085988

About the service

Anderida Adolescent Care is a residential children's house owned and run by Anderida Adolescent Care Limited. It is a three bedroom lodge situated in a woodland community near Invergordon in the Scottish Highlands. The accommodation is provided for one young person at any one time for a maximum of 12 weeks. The lodge has been upgraded since the last inspection. It is situated in a large wooded area down a country track. Young people have access to education packages while they stay at the lodge and there are many community based activities close-by.

About the inspection

This was an unannounced inspection which took place on 10 July 2025 between the hours of 10:00 and 15:00. The inspection was carried out by one inspector from the Care Inspectorate.

To prepare for the inspection we reviewed information about this service. This included previous inspection findings, registration information, information submitted by the service and intelligence gathered since the last inspection.

In making our evaluations of the service we:

- reviewed survey responses from staff;
- spoke with one person who had used the service;
- spoke with staff and management;
- observed practice and daily life;
- reviewed documents; and
- spoke with visiting professionals.

Key messages

- Young people were matched appropriately to the service.
- Staff were well trained and focussed on providing therapeutic and trauma informed care.
- The service made the most of the environment in which the house was located.
- Each placement was individually tailored to meet young people's support needs.

From this inspection we evaluated this service as:

In evaluating quality, we use a six point scale where 1 is unsatisfactory and 6 is excellent

How well do we support children and young people's rights and wellbeing?	5 - Very Good
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Further details on the particular areas inspected are provided at the end of this report.

How well do we support children and young people's rights and wellbeing?

5 – Very Good

We made an evaluation of very good for this key question. We identified major strengths in supporting positive outcomes for young people and we identified some aspects of practice which we considered to be excellent.

We spoke with one young person who had spent a period of time with the service this year. They told us they felt safe and listened to. They helped create a personal plan that focused on positive outcomes in an individualised way.

They had a very good experience of the service and they were well looked after. The aims of the placement were explained to them in advance so they knew what to expect during the placement.

Young people were cared for by a committed team of adults who showed skill in understanding the needs of young people. They were aspirational when supporting young people in identifying and achieving outcomes. Plans and decisions centred around an understanding of young people's needs, and their views, hopes and goals. Adults caring for young people provided the structure and security that allowed young people to share their wishes and fears, and to collectively make positive and hopeful plans.

Activities centred around new interests and exciting opportunities, supported by knowledgeable adults. One staff member told us: "(the service) is like no other service within the residential service. The environment, surroundings and the program itself sets it aside from others. Allowing us to prompt, support and help make life changing experiences available to our young, to give them that chance of change."

Young people were kept safe by adults who had excellent understanding of child protection guidance and procedures, supporting young people to be safe, make positive choices and manage risk. This was supported by individualised plans and activities which young people helped to plan. A staff member commented: "(young people's) needs are similar in that they need to feel safe, build relationships and a comfortable and safe environment around safe people but that we are working in conditions which are not seen as inhibiting their growth and development nor seen as institutionalised."

Maintaining young people's contact with families was hugely important and meant young people's relationships with family were sustained and developed. Young people spoke about the significant effort that was made to ensure important connections with their family were supported and valued, irrespective of distance.

We spoke with adults who clearly understood how to support young people who had experienced trauma. The service had adopted an approach to increase consistency of adults and rarely used agency workers and adults who may be unfamiliar to young people.

A member of the staff team commented: "Our environment and program are tailored to young people in crisis and the interventions which follow the every child matters strategy and the GIRFEC model allow us to ensure we follow a high standard of impact and development away from the troubled behaviours previously presented or experienced."

Young people's education and future plans were actively pursued by staff and young people were encouraged to take part in bespoke education packages. These focussed on relationships, wellbeing and safety and were designed to support young people for life after the lodge.

Complaints

There have been no complaints upheld since the last inspection. Details of any older upheld complaints are published at www.careinspectorate.com.

Detailed evaluations

How well do we support children and young people's rights and wellbeing?	5 - Very Good
7.1 Children and young people are safe, feel loved and get the most out of life	5 - Very Good

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