

Liberton Brae Care Home Service

Liberton Brae Care Home
81 Liberton Brae
Edinburgh
EH16 6LE

Telephone: 02088649566

Type of inspection:
Unannounced

Completed on:
16 December 2025

Service provided by:
Amicura Limited

Service provider number:
SP2021000220

Service no:
CS2022000396

About the service

Liberton Brae is a purpose built care home, located in the south of the city of Edinburgh. The service has been registered with the Care Inspectorate since December 2022 to provide care for up to 50 older people. The service provider is Amicura Limited, a private care and support provider. There are local amenities nearby and the home is close to Cameron Toll shopping centre. The home is situated on main bus routes and ample parking is available.

The home is spread over three floors with lift access to upper floors. All bedrooms have en-suite toilet and shower facilities with additional bathing facilities also available to people.

There are a variety of homely communal areas available to people experiencing care. The home benefits from outdoor patios and terraces and a well maintained garden. The home also offers a guest-suite for family members.

At the time of the inspection there were 47 people experiencing care in Liberton Brae.

About the inspection

This was a full inspection which took place from 03 December 2025 to 05 December 2025. The inspection was carried out by one inspector from the Care Inspectorate.

To prepare for the inspection we reviewed information about this service. This included previous inspection findings, registration information, information submitted by the service and intelligence gathered since the last inspection.

In making our evaluations of the service we:

- spoke with 9 people using the service and considered questionnaire feedback from an additional 8 people
- spoke with six relatives of people using the service and considered questionnaire feedback from an additional 8 relatives
- spoke with 13 members of staff and management
- observed practice and daily life
- reviewed documents
- spoke with visiting professionals.

Key messages

- People's health and wellbeing needs were being met.
- People experienced warm and gentle care from staff who knew them well.
- People's wellbeing benefitted from having a range of communal areas available to them.
- People experienced enhanced wellbeing outcomes due to regular and varied activity.
- The home was clean and welcoming.
- People experiencing care and their relatives reported having a very positive care experience.

From this inspection we evaluated this service as:

In evaluating quality, we use a six point scale where 1 is unsatisfactory and 6 is excellent

How well do we support people's wellbeing?	5 - Very Good
How good is our setting?	5 - Very Good

Further details on the particular areas inspected are provided at the end of this report.

How well do we support people's wellbeing?

5 - Very Good

We found significant strengths in aspects of the care provided and how these supported positive outcomes for people. We evaluated the performance of the service under this key question as very good.

People experienced very good health and wellbeing outcomes as a result of their care and support. Staff interactions with people experiencing care were warm, encouraging and focussed on promoting people's independence. Care was delivered at a pace appropriate to each person experiencing care. People were comfortable because they were being supported by staff who knew them well.

Rotas were consistent which meant that people were being cared for regularly by the same members of staff. Staff knew people's history and interests which helped create conversation. This meant that trusting relationships were formed between people and the staff who cared for them. One person commented:

"the people here are so kind. You'd be hard put to find something to complain about in here".

People experiencing care put ideas forward for improvements by participating in surveys and meetings. This demonstrated that people's input was valued and respected. Relatives we spoke with felt that along with their loved ones, they too were treated with compassion, dignity and respect. One family member told us:

"I couldn't ask for better, and (my relative) feels the same. The staff, right from day one, have been so welcoming towards (my relative) and us".

People were able to leave the home to spend time with people who were important to them. Family members were free to visit their loved ones at a time of their choosing and we saw a high number of people receiving visitors during the inspection. A number of seated areas had been developed to facilitate visits. Staff understood the importance of people maintaining contact with friends and relatives. This approach promoted positive wellbeing for people.

The provision of activities in the home was very good. We observed skilled activity staff carrying out events that people enjoyed. Relationships between people experiencing care were developed as a result of well provided activities. Activity schedules evidenced a wide range of activities provided in the home, including regular physical activity and visits from entertainers and community groups. People's wellbeing was enhanced by the provision of regular and varied activities.

People's health benefitted from very good engagement with other health services. Other health professionals we spoke with told us staff were quick to act on health related issues and were responsive to any advice given. This approach helped people keep well and ensured their health needs were being met.

Medication systems were very good. Systems for the administration of medication were in place and processes were regularly audited with clear plans in place when issues were identified. Areas for storing medication were clean and tidy. This good practice helped reduce errors and kept people well as a result.

A range of charts were in place to ensure people's health and wellbeing was continuously monitored. Communication systems including regular handovers and clinical meetings focussed on people's wellbeing. These resulted in actions being taken to support people's wellbeing. Relatives we spoke with told us they were kept up to date regarding their loved ones. This evidenced that staff were aware of the current needs

of the people they cared for. One relative commented:

"they're always smiley and helpful and generally very good. Nothing's a problem for them".

People's requirements for eating and drinking were being met. People had ready access to snacks and fluids. The dining experience was well planned with systems in place to ensure those who required assistance had a positive experience. Kitchen staff were knowledgeable about people's nutritional needs. People's health and wellbeing benefitted from the provision of high quality food.

Risk assessments in place demonstrated an enabling approach from staff to promote people's independence. Reviews of people's care and support were regular and involved people who were important to those experiencing care. Detailed personal plans guided staff on how to deliver care that met people's needs. People's wellbeing was supported by a range of quality assurance processes which ensured people continued to receive a high quality service. Staff also reflected positively on their experience in the home. One staff member commented:

"I feel I'm doing something good here. I am enjoying my job really for the first time in my life. It's not only work - it's being kind, it's spending time with people. Every person working here has an important role to play".

Relatives we spoke with were comforted by the fact their loved ones had a positive experience in the home. One family member told us:

"the staff and (the manager) have been great appointments for continuity and consistency. (The manager) is so patient centred and that trickles down to the rest of the team. Their leadership is second to none".

How good is our setting?

5 - Very Good

We found significant strengths in the facilities people had access to and how these supported positive outcomes for people. We evaluated the performance of the service under this key question as very good.

We considered the environment to be enabling for people experiencing care. The building was warm, comfortable and airy. People could make use of indoor and outdoor communal areas and support was given to people to access these if required. This resulted in relationships being formed which led to a better quality of life for people.

Risk assessments had been completed with regard to the home's setting. When assessed as safe, doors separating units within the home were open. This meant that people experienced more choice in where to spend their time and greater freedom.

A number of communal areas and themed rooms were available for people to use. A cafe / bar room was very well used throughout the inspection visit. A snug room had been created since our last visit which was warm and inviting for people seeking a quiet place to spend their time. A spa room had also been created and we saw the positive impact this had on people. The service had further ideas for the development of indoor and outdoor areas. We encouraged the manager to continue with this very good practice.

Care equipment was subject to regular maintenance checks to ensure items continued to be safe for people to use. The building was clean, tidy and peaceful with no intrusive noises or smells. Schedules were in place to ensure good standards of cleanliness were upheld. Very good cleaning practices ensured a pleasant

living environment for people and improved their wellbeing outcomes.

A series of environmental checks and audits were in place to ensure the upkeep of the building. People had well-equipped bedrooms with call alarms placed right next to their bed to be easily accessed. People were free to bring in their own belongings and furniture and bedrooms looked very different depending on how people liked them. This helped people settle in and consider the service to be their home. One relative commented:

"we've liked absolutely everybody we've met. There are some people who are utterly fantastic. The maintenance person acts on any concerns right away and the domestic staff get on with their job with good humour and professionalism".

Complaints

There have been no complaints upheld since the last inspection. Details of any older upheld complaints are published at www.careinspectorate.com.

Detailed evaluations

How well do we support people's wellbeing?	5 - Very Good
1.3 People's health and wellbeing benefits from their care and support	5 - Very Good
How good is our setting?	5 - Very Good
4.1 People experience high quality facilities	5 - Very Good

To find out more

This inspection report is published by the Care Inspectorate. You can download this report and others from our website.

Care services in Scotland cannot operate unless they are registered with the Care Inspectorate. We inspect, award grades and help services to improve. We also investigate complaints about care services and can take action when things aren't good enough.

Please get in touch with us if you would like more information or have any concerns about a care service.

You can also read more about our work online at www.careinspectorate.com

Contact us

Care Inspectorate
Compass House
11 Riverside Drive
Dundee
DD1 4NY

enquiries@careinspectorate.com

0345 600 9527

Find us on Facebook

Twitter: @careinspect

Other languages and formats

This report is available in other languages and formats on request.

Tha am foillseachadh seo ri fhaighinn ann an cruthannan is cànan eile ma nithear iartras.

অনুরোধসাপেক্ষে এই প্রকাশনাটি অন্য ফরম্যাট এবং অন্যান্য ভাষায় পাওয়া যায়।

یہ اشاعت درخواست کرنے پر دیگر شکلوں اور دیگر زبانوں میں فراہم کی جاسکتی ہے۔

ਬੇਨਤੀ 'ਤੇ ਇਹ ਪ੍ਰਕਾਸ਼ਨ ਹੋਰ ਰੂਪਾਂ ਅਤੇ ਹੋਰਨਾਂ ਭਾਸ਼ਾਵਾਂ ਵਿਚ ਉਪਲਬਧ ਹੈ।

هذه الوثيقة متوفرة بلغات ونماذج أخرى عند الطلب

本出版品有其他格式和其他語言備索。

Na życzenie niniejsza publikacja dostępna jest także w innych formatach oraz językach.