

# Logan Cottages Care Home Service

Arbroath

**Type of inspection:**  
Unannounced

**Completed on:**  
21 November 2025

**Service provided by:**  
Angus Council

**Service provider number:**  
SP2003000043

**Service no:**  
CS2003000358

## About the service

Logan Cottages is a care home service for children and young people provided by Angus Council.

The service is located in purpose-built premises on the outskirts of Arbroath. It is set in extensive grounds, with another service provided by Angus Council next door. At the time of inspection there were four young people using the service.

## About the inspection

This was an unannounced inspection which took place on 18 and 19 of November 2025. The inspection was carried out by an inspector from the Care Inspectorate. To prepare for the inspection we reviewed information about this service. This included previous inspection findings, registration information, information submitted by the service and intelligence gathered since the last inspection. In making our evaluations of the service we:

- spoke with three people using the service and three of their family/representatives
- spoke with six staff and management
- observed practice and daily life
- reviewed documents.

## Key messages

- Care was evaluated as very good due to significant strengths and positive outcomes for young people.
- Young people felt safe, supported by effective measures and a positive approach to risk enablement.
- Reflective practice was in place, with plans to strengthen debrief recording processes.
- Strong advocacy links ensured every young person had a trusted adult outside the service.
- Staff showed good knowledge of protection processes, with managers improving training oversight.
- The service progressed towards a trauma-informed model, supported by training and psychological reflection.
- Restrictive practices were minimised, and care moved away from reliance on rules and routines.
- Relationships were prioritised, with families and former residents benefiting from ongoing support.

## From this inspection we evaluated this service as:

In evaluating quality, we use a six point scale where 1 is unsatisfactory and 6 is excellent

How well do we support children and young people's rights and wellbeing?	5 - Very Good
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Further details on the particular areas inspected are provided at the end of this report.

## How well do we support children and young people's rights and wellbeing?

5 - Very Good

We found significant strengths in aspects of the care provided and how these supported positive outcomes for children and young people, therefore we evaluated this key question as very good.

### Quality Indicator 7.1 Children and young people are safe, feel loved and get the most out of life

Young people told us they felt safe, and we were confident that effective measures were in place to support their physical and emotional wellbeing. The service adopted a positive approach to risk enablement, helping young people develop strategies and supports to manage risks. This was complemented by strong multi-agency collaboration to ensure a coordinated approach.

Where incidents occurred, reflective discussions took place. We suggested further development of debrief processes to ensure these are effectively recorded. The service was already working on this, and we were confident progress would continue.

The service had strong links with advocacy services and actively encouraged engagement. Each young person had at least one trusted adult outside the service to promote their best interests.

Staff demonstrated good knowledge of child and adult protection processes, and senior managers were ensuring follow-up training for those who required it. While local authority systems made oversight challenging, managers were aware and improving monitoring.

The service had made significant progress in moving towards a trauma-informed model of care. Staff and managers benefited from a comprehensive training package and reflective spaces, including psychological support for reflection. This meant that young people experienced care that was considerate of their needs and experiences.

There was an awareness that staffing remained a challenge for the service. We observed positive steps to minimise the impact of this on the young people currently using the service. Staff coverage was adapted to the individual needs of young people despite these pressures.

The use of restrictive practices had been minimised, and the staff team was supported by leaders to transition to an improved model of care, moving away from a reliance on rules and routines. Young people told us that there were consequences at times, but these were fair.

Young people had opportunities to take part in chosen activities and explore new experiences. There was a strong emphasis on spending time together, and the house offered a fun and homely environment. There had been issues with the central heating system, and leaders were working hard to resolve this. Steps were taken to ensure this did not have an adverse effect on young people.

A particular strength of the service was its commitment to helping young people maintain important relationships. Staff recognised this as a fundamental right, managed challenges well, and worked with families to support young people's sense of identity and belonging. Family members also spoke highly of the personal support they received from the staff team, which helped them strengthen their relationships with their child. Equally, young people who had moved on from the service benefited from continued relationships and support.

Care plans were in place for young people, although there was some variation in quality. We found that the practice and supports young people received often exceeded what was recorded, and we suggested the service further develop this area of practice.

Education was approached sensitively and individually, taking account of past experiences and emotional wellbeing while supporting each young person to reach their potential.

## What the service has done to meet any areas for improvement we made at or since the last inspection

### Areas for improvement

#### Previous area for improvement 1

To ensure consistency of outcomes for children and young people the service should continue to develop it's trauma informed model of care. This should include but is not limited to:

- A) Ensuring that all young people feel safe and experience nurturing relationships within the service.
- B) Continue to embed trauma informed models of care through ongoing staff training and development.

This is to ensure that care and support is consistent with the Health and Social Care standards (HSCS) which state that:

"I experience high quality care and support based on relevant evidence, guidance and best practice" (HSCS 4.11).

**This area for improvement was made on 5 March 2024.**

#### Action taken since then

The service had made significant progress in moving towards a trauma-informed model of care.

- A) There was an awareness that staffing remained a challenge for the service. We observed positive steps to minimise the impact of this on the young people currently using the service. Staff coverage was adapted to the individual needs of young people despite these pressures.
- B) Staff and managers benefited from a comprehensive training package and reflective spaces, including psychological support for reflection. This meant that young people experienced care that was considerate of their needs and experiences.

### Complaints

There have been no complaints upheld since the last inspection. Details of any older upheld complaints are published at [www.careinspectorate.com](http://www.careinspectorate.com).

## Detailed evaluations

How well do we support children and young people's rights and wellbeing?	5 - Very Good
7.1 Children and young people are safe, feel loved and get the most out of life	5 - Very Good

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