

Bellview Cottage Care Home Service

Lochgelly

Type of inspection:
Announced (short notice)

Completed on:
10 October 2025

Service provided by:
Radical Services Ltd

Service provider number:
SP2003002568

Service no:
CS2019375217

About the service

Bellview Cottage is a care home service for Children and Young People run by Radical Services Ltd. It is a detached bungalow within a town in Fife.

About the inspection

This was a short notice inspection which took place on 7 October 2025. The inspection was carried out by one inspector from the Care Inspectorate.

To prepare for the inspection we reviewed information about this service. This included previous inspection findings, registration information, information submitted by the service and intelligence gathered since the last inspection.

In making our evaluations of the service we:

- spoke with children and young people using the service and one family member
- We also spoke with six staff and management
- observed practice and daily life
- reviewed documents
- spoke with two external professionals.

Key messages

- Children and young people within the service experienced highly individualised care.
- Proactive strategies were in place which minimised the use of restrictive practice.
- Staff had positive relationships with children and young people.
- The service demonstrated a high level of understanding about how best to support children and young people.
- Children and young people were well supported to maintain positive family connections.

From this inspection we evaluated this service as:

In evaluating quality, we use a six point scale where 1 is unsatisfactory and 6 is excellent

How well do we support children and young people's rights and wellbeing?	5 - Very Good
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Further details on the particular areas inspected are provided at the end of this report.

How well do we support children and young people's rights and wellbeing?

5 - Very Good

We found significant strengths in aspects of the care provided and how these supported positive outcomes for children and young people, therefore we evaluated this key question as very good.

Children and young people felt safe within the service and benefitted from knowledgeable staff who understood their needs. Children and young people experienced improved outcomes as a result of the care and support they received and there was strong collaboration with external agencies around the use of legal safeguards to manage risk.

Children and young people in the service had access to formal advocacy services and appropriate legal representation to ensure that their rights were upheld.

Staff were appropriately trained in child protection and clear policies and procedures were in place. There had been no recent safeguarding issues within the service.

Children and young people experienced therapeutic stable care which supported their emotional wellbeing. Proactive risk management strategies were in place that supported children and young people to regulate their emotions without the use of restrictive practice.

Children and young people had warm, trusting and nurturing relationships with staff. There had been a staff turnover within the service but this had been well managed and the current staff team had been matched to the needs of children and young people using the service.

Experienced staff had been recruited which had improved the skill mix within the team. The service manager had a strong relationship with children and young people using the service and had provided good continuity of care. Staff had a detailed understanding of the needs of children and young people and how best to support them which allowed for a highly individualised approach.

The setting was well maintained and had a homely feel. The service had plans to redevelop the garage in to extra space and to further improve the garden area to support the needs of children and young people.

Children and young people within the service were supported to express their views and participate in their care planning. Children and young people were fully engaged in how they would like to be supported and staff adapted to their needs to ensure that their needs were met. Staff were highly reflective and communicated effectively to ensure consistency.

Children and young people's health needs were well met and there was close collaboration with health professionals with appropriate referrals made to ensure support was in place.

Meaningful connections with family were well supported, there was effective communication and family members stayed in the service when visiting which helped to maintain important relationships.

Children and young people had the opportunity to engage in community activities they enjoyed and individualised education support was in place which ensured their ambitions were consistently supported.

A continuing care policy was in place and the service had a commitment to supporting children and young people to remain in the service into adulthood and ensuring that transitions were well planned. This ensured that children and young people's rights were upheld.

Children and young people had care plans in place that were person centred and identified clear goals. To improve the measurement of progress, some of these goals could be streamlined or broken down into smaller elements so that the service could be clearer on the focus of care planning.

What the service has done to meet any areas for improvement we made at or since the last inspection

Areas for improvement

Previous area for improvement 1

To ensure that its commitment to providing continuing care is clearly stated and implemented, the provider should review relevant policies and procedures to reflect good practice, including admissions guidance and placement agreements.

This is to ensure that care and support is consistent with the Health and Social Care Standards (HSCS), which state that: 'My human rights are protected and promoted and I experience no discrimination' (HSCS 1.2)

This area for improvement was made on 24 May 2024.

Action taken since then

Continuing care policy in place and service committed to ensuring children and young people can remain in the service after the age of 18. Service working collaboratively with local authorities to ensure that transitions are well managed.

This area for improvement has been met.

Complaints

There have been no complaints upheld since the last inspection. Details of any older upheld complaints are published at www.careinspectorate.com.

Detailed evaluations

How well do we support children and young people's rights and wellbeing?	5 - Very Good
7.1 Children and young people are safe, feel loved and get the most out of life	5 - Very Good

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