

# Aspire - Clonmacate School Care Accommodation Service

Dalmellington Road Ayr KA6 6PW

Telephone: 01292 287 460

**Type of inspection:** Unannounced

### **Completed on:** 7 April 2023

Service provided by: Aspire Scotland Ltd

**Service no:** CS2019373084 Service provider number: SP2010011131



### About the service

Clonmacate is provided by Aspire Scotland who are part of ASPRIS Childrens Services and is a School Care Accommodation Service, a registered home for up to five young people aged eight to 18.

The service is situated in a semi-rural location in South Ayrshire; on the outskirts of the region's biggest town of Ayr.

The house is a spacious detached villa with five bedrooms, one large lounge, a second smaller lounge and a kitchen/dining room. The service sits within it's own grounds and has outbuildings containing gym equipment that the young people use. The young people also care for the service chickens.

The young people can travel independently to and from the service using local bus services or will be transported by staff.

### About the inspection

This was an unannounced inspection which took place on 5th April. The inspection was carried out by one inspector from the Care Inspectorate. To prepare for the inspection we reviewed information about this service. This included previous inspection findings, registration information, information submitted by the service and intelligence gathered since the last inspection. In making our evaluations of the service we:

- spoke with three people using the service and two of their family and one of their social workers
- · spoke with five staff and management
- observed practice and daily life
- reviewed documents
- spoke with visiting professionals

### Key messages

- Staff had successfully built positive relationships with the children and young people.
- The staff had very good knowledge and understanding of the young people's individual needs.
- Young people's physical and mental health was given high priority.
- Young people's views were gathered and taken into account in all aspects of their care and support.
- Young people's individual talents and aspirations were supported and encouraged appropriately.
- Young people's rights were respected and support to engage with external professionals given.
- Young people were supported to successfully engaging in their education.

### From this inspection we evaluated this service as:

In evaluating quality, we use a six point scale where 1 is unsatisfactory and 6 is excellent

How well do we support children and young people's rights and wellbeing?	5 - Very Good

Further details on the particular areas inspected are provided at the end of this report.

# How well do we support children and young people's rights and wellbeing?

5 - Very Good

We found significant strengths in aspects of the care provided and how these supported positive outcomes for young people, therefore we evaluated this key question as very good.

Staff had successfully built positive relationships with the children and young people. These relationships had been maintained through significant periods of support to young people within the service. Staff took a trauma informed approach to working with young people in supporting their individual needs. Advice and guidance offered to young people provided them assurances that staff prioritised their best interests. Subsequently, young people were helped to make positive choices and children were beginning to benefit from the introduction of appropriate boundaries. This enabled a more settled environment within the house and encouraged positive relationships with peers and with staff.

The staff displayed a good knowledge of the young people's individual needs and vulnerabilities. They described effective approaches in working with young people and how the young people had progressed whilst in the service. Staff also demonstrated good knowledge of working with young people in respect of the dynamics within the house and any areas to be sensitive to as well as the risks that may present. Young people we spoke with reported feeling safe and supported by the staff group. They could identify members of staff they would turn to and confide in when looking for support. We observed nurturing, caring interaction between staff and children and young people and noted their trust in staff.

Young people's physical and mental health was given high priority and they were successfully referred to the appropriate health services. Staff supported young people to attend any health appointments and ensured all health needs were addressed at the earliest opportunity. The staff also supported meetings with friends and family and others important to the children and young people. Parents to the young people commented on the positive changes they noticed in their children's health and well being. This ensured their families were reassured of the benefits the young people were experiencing.

Clear consideration was given to the young people's needs in respect of how the environment is arranged. Age and stage appropriate resources suited to the young people were readily available and the house was very well maintained. Young people described feeling listened too with regard to their own personal preferences and with regard to their own living spaces and rooms. Young people also confirmed they felt respected by staff.

Young people's individual ambitions were being nurtured and supported. Activities that young people were interested in were sought and new experiences identified for young people. Where children young people exhibited a talent or ability this was promoted and participation in the activity encouraged. This supported young people to further develop their individual talents and identities whilst also having fun.

The young people were also successfully engaged in their education; either through the services own education provision, a 24 hour curriculum, mainstream school or college. Additional learning experiences were available to young people and some were participating in Duke of Edinburgh activities and community activities. All of these experiences were providing positive experiences and outcomes for the young people.

# Complaints

There have been no complaints upheld since the last inspection. Details of any older upheld complaints are published at www.careinspectorate.com.

## Detailed evaluations

How well do we support children and young people's rights and wellbeing?	5 - Very Good
7.1 Children and young people are safe, feel loved and get the most out of life	5 - Very Good

### To find out more

This inspection report is published by the Care Inspectorate. You can download this report and others from our website.

Care services in Scotland cannot operate unless they are registered with the Care Inspectorate. We inspect, award grades and help services to improve. We also investigate complaints about care services and can take action when things aren't good enough.

Please get in touch with us if you would like more information or have any concerns about a care service.

You can also read more about our work online at www.careinspectorate.com

#### Contact us

Care Inspectorate Compass House 11 Riverside Drive Dundee DD1 4NY

enquiries@careinspectorate.com

0345 600 9527

Find us on Facebook

Twitter: @careinspect

#### Other languages and formats

This report is available in other languages and formats on request.

Tha am foillseachadh seo ri fhaighinn ann an cruthannan is cànain eile ma nithear iarrtas.

অনুরোধসাপেক্ষে এই প্রকাশনাটি অন্য ফরম্যাট এবং অন্যান্য ভাষায় পাওয়া যায়।

# یہ اشاعت در خواست کرنے پر دیگر شکلوں اور دیگر زبانوں میں فراہم کی جاسکتی ہے۔

ਬੇਨਤੀ 'ਤੇ ਇਹ ਪ੍ਰਕਾਸ਼ਨ ਹੋਰ ਰੂਪਾਂ ਅਤੇ ਹੋਰਨਾਂ ਭਾਸ਼ਾਵਾਂ ਵਿਚ ਉਪਲਬਧ ਹੈ।

### هذه الوثيقة متوفرة بلغات ونماذج أخرى عند الطلب

本出版品有其他格式和其他語言備索。

Na życzenie niniejsza publikacja dostępna jest także w innych formatach oraz językach.