

Broxburn Nursing Home Care Home Service

1 Lumsden Court
Broxburn
EH52 5LX

Telephone: 01506 857 793

Type of inspection:
Unannounced

Completed on:
19 December 2022

Service provided by:
Broxburn Nursing Home Ltd

Service provider number:
SP2003002444

Service no:
CS2003010618

About the service

Broxburn Nursing Home is registered with the Care Inspectorate to provide care to a maximum of 43 older people.

The home is located in a residential area of Broxburn, West Lothian, and is close to local shops, services and public transport.

Accommodation is over two floors and the upper floor is accessed by a lift and stairs. Both floors have a dining room with a separate lounge. All bedrooms are single with en-suite toilet and hand basins. Bathing amenities and additional toilets are available throughout the home. There are separate kitchen and laundry facilities and an enclosed garden to the rear. A small car park is at the front of the building.

About the inspection

This was an unannounced follow up inspection which took place on 19 December 2022 between 11.00 and 14.30pm. The inspection was carried out by one inspector from the Care Inspectorate. To prepare for the inspection we reviewed information about this service. This included previous inspection findings, registration information, information submitted by the service and intelligence gathered since the last inspection. In making our evaluations of the service we:

- spoke with two people using the service
- spoke with two staff and management
- observed practice and daily life
- reviewed documents

Key messages

This was a follow up inspection focussing on requirements from previous inspection

A maintenance person was now in post

Good progress had been made ensuring required maintenance checks were being carried out

Care plans had been updated to include support plans for specific conditions and stress and distress experiences

Refurbishment was ongoing and care home was looking fresher, and upstairs lounge more homely.

From this inspection we evaluated this service as:

In evaluating quality, we use a six point scale where 1 is unsatisfactory and 6 is excellent

How good is our setting?	3 - Adequate
How well is our care and support planned?	3 - Adequate

Further details on the particular areas inspected are provided at the end of this report.

How good is our setting?

3 - Adequate

We carried out an initial inspection of the service on 22 September 2022. The overall evaluation for this key question was adequate. We completed another visit to the home on 29 December 2022 to follow up on the improvements that were required.

We have reported on our findings under the following sections of this report:

'What the service has done to meet any requirements made at or since the last inspection'.

Sufficient progress had been made to meet this requirement.

The evaluation of adequate for this key question remains unchanged.

How well is our care and support planned?

3 - Adequate

We carried out an initial inspection of the service on 22 September 2022. The overall evaluation for this key question was adequate. We completed another visit to the home on 19 December 2022 to follow up on the improvements that were required.

We have reported on our findings under the following sections of this report:

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Sufficient progress had been made to meet this requirement.

The evaluation of adequate for this key question remains unchanged.

What the service has done to meet any requirements we made at or since the last inspection

Requirements

Requirement 1

By 30 November 2022 the provider must implement a programme of maintenance to rectify environmental deficiencies. To do this, the provider must, at a minimum:

- a) Carry out an environmental audit and plan of works with anticipated completion dates for a maintenance programme to ensure furnishings, paintwork and equipment are in a good state of repair.
- b) ensure maintenance checks are carried out in line with legal requirements

This is to comply with Regulation 10 (2) (b) and (d) (Fitness of Premises) of The Social Care and Social Work Improvement Scotland (Requirements for Care Services) Regulations 2011 (SSI 2011/210).

This is to ensure that care and support is consistent with the Health and Social Care Standards (HSCS) which states that: 'I experience an environment that is well looked after with clean, tidy and well maintained premises, furnishings and equipment' (HSCS 5.22).

This requirement was made on 22 September 2022.

Action taken on previous requirement

The service had employed a maintenance person to undertake repair and refurbishment of premises and carry out required checks in accordance with legal requirements. Some refurbishment work had been carried out with the upstairs lounge redecorated and new furniture purchased. The lounge was now looking more homely. Finishing touches were still required and the deputy manager is discussing with staff and people what additions would add to the homely feel of the lounge. Redecoration is ongoing and people can request colours for their room. Some bedrooms have been recently decorated.

Maintenance records were up to date. The new maintenance person had discussions and walk around with people from external agencies such as Fire and Rescue services and equipment maintenance services to ensure he was familiar with the requirements of checks and repairs. Documents were now up to date with required checks being carried out, signed and dated for, but not limited to, water checks, fire safety, and equipment.

There is an ongoing refurbishment plan with actions and timescales and the service is working thorough this to ensure the care home is kept to a high standard of repair and maintenance .

Sufficient progress had been made to meet this requirement.

Met - within timescales

Requirement 2

By the 30 November 2022 the provider must make sure people's support plan fully reflects their needs, the service should review and improve the level of guidance on supporting people who experience stress and distress reactions. To achieve this the provider should;

- a) ensure referrals are made to the appropriate healthcare professionals where people are experiencing stress and distress.
- b) ensure care plans reflect the information and strategies required to support people experiencing stress and distress and are reviewed and evaluated regularly.
- c) ensure staff receive training in dementia and stress and distress.

This is to comply with Regulations 4 (1) (a)(welfare of users) and 5 (2) (b)(personal plans) of the Social Care and Social Work Improvement Scotland (Requirements for Care Services) Regulations 2011 (SSI 2011/210)

This is to ensure that care and support is consistent with the Health and Social Care Standards (HSCS) which states 'My personal plan (sometimes referred to as a care plan) is right for me because it sets out how my needs will be met, as well as my wishes and choices'. (HSCS 1.15)

This requirement was made on 22 September 2022.

Action taken on previous requirement

The service were identifying peoples specific care needs and referring people to the appropriate agency, such as West Lothian Psychiatric Assessment Team (WeLPAT) for people experiencing stress and distress. Care plans were being updated with specific information following support from e.g. WeLPAT. Specialised care plans were in place for support, actions required and outcomes.

Staff had received further training in stress and distress and this was ongoing as and when training sessions were available. Care plans were more personalised and contained information which identified triggers, strategies and support required

Sufficient progress had been made to meet this requirement.

Met - within timescales

Complaints

There have been no complaints upheld since the last inspection. Details of any older upheld complaints are published at www.careinspectorate.com.

Detailed evaluations

How good is our setting?	3 - Adequate
4.1 People experience high quality facilities	3 - Adequate
How well is our care and support planned?	3 - Adequate
5.1 Assessment and personal planning reflects people's outcomes and wishes	3 - Adequate

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