

Mearns House Care Home Service

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Type of inspection:
Unannounced

Completed on:
1 August 2022

Service provided by:
Mearns Care Limited

Service provider number:
SP2015012561

Service no:
CS2015340329

About the service

Mearns House Care Home is a care home service which provides care for up to 68 older people who may have physical difficulties and/or dementia. The provider is Mearns Care Ltd whose parent company is Meallmore Ltd. There were 65 residents living in the home during our inspection.

The home is purpose-built and is located in a residential area of Newton Mearns, which provides single ensuite accommodation, over two floors. Each floor has access to communal/lounge/dining areas and an outdoor space. Other on-site facilities include a café area, cinema room and hairdresser's salon. There is a pleasant, enclosed garden for residents to enjoy.

The home aims to 'provide quality living for older people in their later years, in a homely environment.'

About the inspection

This was a follow up inspection which took place on 01 August 2022. The inspection was carried out by one inspector from the Care Inspectorate. To prepare for the inspection we reviewed information about this service. This included previous inspection findings, registration information, information submitted by the service and intelligence gathered since the last inspection. In making our evaluations of the service we met with the home manager and deputy manager, reviewed various relevant systems, documents and records.

Key messages

This was a follow up inspection to evaluate the progress the service had made to address 3 requirements which were in place following a complaint being investigated and upheld by the Care Inspectorate.

We found all 3 requirements had been met within the timescale set.

What the service has done to meet any requirements we made at or since the last inspection

Requirements

Requirement 1

The provider must ensure care plans and risk assessments are updated following any change to an individual's health condition. Clear strategies must be in place for staff to follow to minimise the risk of injury to any person living at Mearns House.

To be completed by: 29 July 2022

This is to ensure care and support is consistent with Health and Social Care Standard 2.17: I am fully involved in developing and reviewing my personal plan, which is always available to me.

This is in order to comply with:

Regulation 4(1)(a) of The Social Care and Social Work Improvement Scotland (Requirements for Care Services) Regulations 2011 (SSI 2011/210)

This requirement was made on 30 June 2022.

Action taken on previous requirement

The home manager provided evidence of new systems and processes having been put into place to assess the changing clinical needs of people who live at Mearns House. This includes a new weekly clinical meeting to review all clinical concerns. Staff have also undertaken further training.

Met - within timescales

Requirement 2

The provider must improve their practice of informing the Care Inspectorate of any notifiable events as detailed in: 'Records that all registered care services (except childminding) must keep and guidance on notification reporting'.

To be completed by: 29 July 2022

This is to ensure care and support is consistent with Health and Social Care Standard 4.11: I experience high quality care and support based on relevant evidence, guidance and best practice.

This is in order to comply with:

Regulation 4(1)(a) of The Social Care and Social Work Improvement Scotland (Requirements for Care Services) Regulations 2011 (SSI 2011/210)

This requirement was made on 30 June 2022.

Action taken on previous requirement

The manager provided evidence that the service had reviewed their procedures regarding notifications to the Care Inspectorate. We are now receiving notifications as required.

Met - within timescales

Requirement 3

The provider must ensure anyone with unplanned weight loss is referred to the relevant external health professional for advice. Robust procedures should be in place to ensure weight loss is closely monitored.

To be completed by: 29 July 2022

This is to ensure care and support is consistent with Health and Social Care Standard 3.21: I am protected from harm because people are alert and respond to signs of significant deterioration in my health and wellbeing, that I may be unhappy or may be at risk of harm.

This is in order to comply with:

Regulation 4(1)(a) of The Social Care and Social Work Improvement Scotland (Requirements for Care Services) Regulations 2011 (SSI 2011/210)

This requirement was made on 30 June 2022.

Action taken on previous requirement

The home manager provided evidence of new systems and processes having been put into place to assess the changing clinical needs of people who live at Mearns House. A clinical meeting now takes place weekly to review all clinical concerns. Staff have also undertaken further training.

Met - within timescales

Complaints

Please see Care Inspectorate website (www.careinspectorate.com) for details of complaints about the service which have been upheld.

To find out more

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