

Spynie - (Care Home) Care Home Service

Duffus Road
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Telephone: 01343 552 255

Type of inspection:
Unannounced

Completed on:
29 March 2022

Service provided by:
Intobeige Ltd

Service provider number:
SP2004005486

Service no:
CS2003055110

About the service

Spynie Care Home is for older people and is registered to provide a care service to a maximum of 56 people. Five of these places may be provided to named individuals under 65 years old.

Spynie is a single storey building located on the outskirts of Elgin, it is a short distance from the town centre. There is a bus stop relatively nearby. All bedrooms are for individuals and have en-suite facilities. There are three units, each with their own dining and lounge area.

The service's aims and objectives include:

'To provide care for service users with age related illnesses in a way that enables them to retain their personal choices, involvement and maximises independence within the limits of their mental and physical conditions and within a risk assessment framework.'

'To work in partnership with families and carers providing information, support and advice as required.'

'To give service users the opportunity to make informed choices regarding their care wherever possible, sharing information regarding care plans and treatment.'

What people told us

This was a short follow-up inspection focusing on the way staff use care records to support people to keep well. We did not speak to people or relatives.

What the service has done to meet any requirements we made at or since the last inspection

Requirements

Requirement 1

By 9 February 2022 the provider must ensure that people's wounds are managed safely and effectively to promote individuals health and well-being. To do this, the provider must at a minimum:

a. Ensure that qualified staff are reviewing and fully completing wound care plans when supporting an individual with wound care.

This is to comply with Regulation 4(1)(a) (Welfare of users) of The Social Care and Social Work Improvement Scotland (Requirements for Care Services) Regulations 2011 (SSI 2011/210).

This is to ensure that care and support is consistent with the Health and Social Care Standards (HSCS) which state that: "Any treatment or intervention that I experience is safe and effective" (HSCS 1.24).

This requirement was made on 8 December 2021.

Action taken on previous requirement

We reviewed two wound care plans, these were being reviewed and completed in full, by a qualified staff member. Wound care plans had been updated based on advice from the local community nursing team. They contained detailed information and had set review dates. There was evidence of GP and Community Nurse involvement in wound care management for individuals. This meant that people's wounds were being managed safely and effectively.

Met - within timescales**Requirement 2**

By 9 February 2022 the provider must maintain accurate records that clearly identify changes in individuals health and well-being, to enable professional support to be accessed when required. To do this, the provider must at a minimum:

- a. Ensure that individuals are weighed according to their support plan and weights records are completed within identified timescales.
- b. Ensure that additional recording tools such as ABC charts are utilised effectively, for agreed time periods. For example: ABC charts implemented to identify patterns in an individuals behaviour for one month, should be reviewed after one month is completed.
- c. Ensure that all information gathered from monitoring and record keeping documents is used to inform practice, resulting in improved outcomes for people who use the service.

This is to comply with Regulation 4(1)(a) (Welfare of users) of The Social Care and Social Work Improvement Scotland (Requirements for Care Services) Regulations 2011 (SSI 2011/210).

This is to ensure that care and support is consistent with Health and Social Care Standards (HSCS) which state that: "My personal plan (sometimes referred to as a care plan) is right for me because it sets out how my needs will be met, as well as my wishes and choices" (HSCS 1.15).

This requirement was made on 8 December 2021.

Action taken on previous requirement

The service has implemented weekly meetings to discuss individuals in relation to monitoring records such as ABC charts or weights. New sections in the support plan specific to weight have been implemented with clear reference to the Health and Social Care Standards.

Both weight and ABC charts were being completed within identified timescales. The information gathered was being tracked and used to inform staff practice. This resulted in early identification of concerns, ensuring referrals to other professionals were completed quickly, resulting in improved outcomes for people.

Met - within timescales**Complaints**

There have been no complaints upheld since the last inspection. Details of any older upheld complaints are published at www.careinspectorate.com.

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