

# Cedar After School Care Day Care of Children

Scout Hall (Glasgow 12th and Lenzie 1st) Millersneuk Road Lenzie Glasgow G66 5JD

Telephone: 01417 753 967

Type of inspection:

Unannounced

Completed on: 25 August 2021

**Service provided by:** Cedar Nursery Limited

**Service no:** CS2003003730

Service provider number:

SP2004004236



#### About the service

Cedar After School Care registered with the Care Inspectorate in April 2011. It is registered to provide an after school and holiday care service. The service operates from the Scout hall in Lenzie. Children have the use of a spacious hall and small room on the ground floor. Toilets are located on the upper floor. Children have access to a newly created small outdoor space and the use of a field behind the hall as well as a nearby play park.

The provider is Cedar Nursery Limited.

The after school care service is provided to a maximum of 40 children, Monday to Friday, 15:00 to 18:00, term time. During school holidays, the service is provided to a maximum of 20 children, Monday to Friday, 07:30 to 18:00.

One of the aims of the service is: "To provide high quality childcare and education in a caring, safe and stimulating environment."

A full statement of aims and objectives is available to people using the service.

The Care Inspectorate is committed to improving the health and wellbeing of all children receiving a care service. We want to ensure they have the best start in life, are ready to succeed and live longer, healthier lives.

We check services are meeting the principles of Getting it right for every child (also known as GIRFEC). This is Scotland's national approach to improving outcomes and wellbeing for children by offering the right help at the right time from the right people. It supports them and their parent(s) to work with the services that can help them. There are eight wellbeing indicators at the heart of Getting it right for every child: safe, healthy, achieving, nurtured, active, respected, responsible and included.

This was a focussed inspection to evaluate how well children were being supported during the Covid-19 pandemic. We evaluated the service based on key areas that are vital to the support and wellbeing of children experiencing care during the pandemic. This inspection was carried out by an inspector from the Care Inspectorate.

# What people told us

We inspected the service on Friday 4 June 2021. There were eight children attending the service. We spoke with the children and they told us that they liked coming to the service. Children's comments included:

"It's lots of fun. I like playing games; Top Trumps - dinosaurs. I like seeing my friends."

"I like going outside, going to the hill."

"I like playing with the Lego."

"I like drawing. I do cards for my friends."

"I like making bracelets."

"I like going to the grassy hill."

We received an email from a parent using the service. This told us that they were very happy with the service. Comments included:

"I just wanted to share my experience with you in regards to the outstanding facilities the after school club offers. All the staff are super friendly and XXX [child] loves every single one of them. They treat kids like their own and always go above and beyond for every child, they make sure XXX finishes her homework and help her with it. XXX attends 5 days a week, and she always looks forward to going ..."

# From this inspection we evaluated this service as:

In evaluating quality, we use a six point scale where 1 is unsatisfactory and 6 is excellent

How good is our care and support during the COVID-19 pandemic?	4 - Good
--	----------

Further details on the particular areas inspected are provided at the end of this report.

# How good is our care and support during the COVID-19 pandemic?

4 - Good

5.1 Children's health and wellbeing are supported and safeguarded during Covid-19.

We found that staff had supported the children to understand the need for the new routines. We saw that the children were relaxed and happy within the setting and had adapted well to the changes. Staff responded warmly to the children and listened to and acted on their ideas regarding the type of play and experiences they wanted to take part in. The children told us that they liked coming to the service and that they had fun. They enjoyed meeting their friends and playing outdoors. Staff had kept in touch with the families during lockdown and this approach helped support continuity of care between staff and children. Staff were caring towards the children. They understood, due to the impact of Covid-19, the need to provide a safe place for children, to enable them to express their emotions if required.

Staff had undertaken in-house child protection refresher training. This approach helped them to protect children from harm.

Procedures to support physical distancing between adults was in place.

The provider sent us two children's personal plans to look at. We found that the personal plans had not been updated since October/November 2020. The provider should ensure that children's personal plans are reviewed every six months or before dependent on the individual needs of the child. This approach will ensure that the child's health, welfare, and safety needs are being met. The Care Inspectorate has produced the following guide on personal planning for early learning and childcare to help support providers. https://hub.careinspectorate.com/media/4653/personal-plans-guide-elc-final-13102021.pdf

#### 5.2 Infection prevention and control practices support a safe environment for children and staff.

Staff had put in place enhanced cleaning procedures which helped prevent the spread of infection. Staff confirmed that they had undertaken additional infection prevention and control training including Covid-19 procedures to support the new cleaning arrangements. Staff supported children to understand the need for good hygiene. Handwashing facilities and hand sanitising stations were in place. We saw that children used the hand sanitiser prior to having snacks. Parents did not come into the building and physical distancing was implemented between adults. This approach helped to protect children, and provide children with a clean and safe environment

We discussed measures to be taken in the children's toilet areas to further improve infection prevention and control.

#### 5.3 Staffing arrangements are responsive to the changing needs of children during Covid-19.

Staff confirmed that they felt supported by management. They had been given additional training and support to help them adjust to the new routines and the additional demands while running the service due to the impact of Covid-19. For example, one of the staff told us about the virtual nature school that they had taken part in and how they were able to share what they had learned with the children and parents to improve the outdoor play for children. Appropriate staffing levels were in place. We saw that the staff worked well together. They supported each other to provide fun experiences for children. The consistent

# Inspection report

staffing arrangements ensured continuity of care for the children. This approach helped staff meet the children's needs.

Opportunities for children to play outdoors and get fresh air had improved. We saw that the children had an opportunity to play outdoors at the grass area as a whole group. Staff should continue to develop the outdoor play experience for children both within a group or individually. They should consider how to promote opportunities to support children to safely make individual choices to play outdoors, for example in the newly created outdoor area at the scout hall.

# What the service has done to meet any areas for improvement we made at or since the last inspection

### Areas for improvement

#### Previous area for improvement 1

The provider should develop the children's personal plans to show how they will meet the ongoing individual needs, wishes and choices of the child and their family. The provider should ensure that it covers the health, welfare and safety of the child and links these to principles of Getting it right for every child (also known as GIRFEC). And, the SHANARRI wellbeing indicators: safe, healthy, achieving, nurtured, active, respected, responsible and included.

This ensures that care and support is consistent with the Health and Social Care Standards (HSCS) which state:

"My personal plan (sometimes referred to as a care plan) is right for me because it sets out how my needs will be met, as well as my wishes and choices." (HSCS 1.15)

This area for improvement was made on 26 August 2020.

#### Action taken since then

The provider sent us two children's personal plans to look at. We found that the personal plans included information relating to Getting it right for every child and the SHANARRI wellbeing indicators: safe, healthy, achieving, nurtured, active, respected, responsible and included. However, the personal plans had not been updated since October/November 2020. The provider had recognised that updating the personal plans was outstanding, as detailed within their improvement plan. The service had developed a personal plan review document which will record changes and feedback from the child and parent, when implemented this will be a good document. The provider should ensure that children's personal plans are reviewed every six months to ensure that the child's health, welfare and safety needs are being met. Please see comments under 5.1 of How good is our care and support during the COVID-19 pandemic?

#### Previous area for improvement 2

The provider should ensure that children have opportunities to play outdoors and explore their environment daily. To help improve the children's outdoor play experiences, the managers and staff should refer to the document - Out to Play: Practical guidance for creating outdoor play experiences in early learning and childcare.

This ensures that care and support is consistent with the Health and Social Care Standards (HSCS) which state:

"As a child, I play outdoors every day and regularly explore a natural environment." (HSCS 1.32)

This area for improvement was made on 26 August 2020.

#### Action taken since then

The action plan submitted by the provider confirmed that staff ensured that children accessed outdoor play every day. We saw that the opportunity for children to play outdoors had improved. A place for children to play had been created outside the Scout hall. We accompanied staff and children to the grass area near the service. The children had lots of fun playing outdoors. They really enjoyed the freedom to run around, use their imagination, for example making a nature garden, play in groups or by themselves.

The action plan confirmed that staff had been issued with copies of our Out to Play document. Staff had also been issued with waterproof clothing. Children's waterproofs had been purchased but, due to Covid-19 restrictions, were currently not in use. Please see comments under 5.3 of How good is our care and support during the COVID-19 pandemic?

#### Previous area for improvement 3

The provider should put systems in place to ensure that all maintenance issues are reported, recorded and addressed promptly.

This ensures that care and support is consistent with the Health and Social Care Standards (HSCS) which state:

"I experience an environment that is well looked after with clean, tidy and well maintained premises, furnishings and equipment." (HSCS 5.22)

This area for improvement was made on 26 August 2020.

#### Action taken since then

The provider had put in place a new system for reporting, recording, and addressing maintenance issues. She confirmed that there had been no maintenance issues since the last inspection. The provider should fit appropriate toilet roll holders within the children's toilet areas to support good infection prevention and control practice. Please see comments under 5.2 of How good is our care and support during the COVID-19 pandemic?

#### Previous area for improvement 4

The provider should review and update the service recruitment policy and procedures to bring them into line with Safer Recruitment Through Better Recruitment, a Scottish Social Services Council and Care Inspectorate document.

This ensures that the recruitment of staff is consistent with the Health and Social Care Standards (HSCS) which state:

"I am confident that people who support and care for me have been appropriately and safely recruited." (HSCS 4.24)

This area for improvement was made on 26 August 2020.

#### Action taken since then

There had been no new staff recruited since the last inspection. The action plan submitted by the provider confirmed that they had reviewed their recruitment procedures to ensure that they were now operating in line with Safer Recruitment Through Better Recruitment, a Scottish Social Services Council and Care Inspectorate document.

# Detailed evaluations

How good is our care and support during the COVID-19 pandemic?	4 - Good
5.1 Children's health and well being are supported and safeguarded during COVID-19	4 - Good
5.2 Infection prevention and control practices support a safe environment for children and staff	4 - Good
5.3 Staffing arrangements are responsive to the changing needs of children during COVID-19	4 - Good

# To find out more

This inspection report is published by the Care Inspectorate. You can download this report and others from our website.

Care services in Scotland cannot operate unless they are registered with the Care Inspectorate. We inspect, award grades and help services to improve. We also investigate complaints about care services and can take action when things aren't good enough.

Please get in touch with us if you would like more information or have any concerns about a care service.

You can also read more about our work online at www.careinspectorate.com

#### Contact us

Care Inspectorate Compass House 11 Riverside Drive Dundee DD1 4NY

enquiries@careinspectorate.com

0345 600 9527

Find us on Facebook

Twitter: @careinspect

#### Other languages and formats

This report is available in other languages and formats on request.

Tha am foillseachadh seo ri fhaighinn ann an cruthannan is cànain eile ma nithear iarrtas.

অনুরোধসাপেক্ষে এই প্রকাশনাটি অন্য ফরম্যাট এবং অন্যান্য ভাষায় পাওয়া যায়।

ਬੇਨਤੀ 'ਤੇ ਇਹ ਪ੍ਰਕਾਸ਼ਨ ਹੋਰ ਰੂਪਾਂ ਅਤੇ ਹੋਰਨਾਂ ਭਾਸ਼ਾਵਾਂ ਵਿਚ ਉਪਲਬਧ ਹੈ।

本出版品有其他格式和其他語言備索。

Na życzenie niniejsza publikacja dostępna jest także w innych formatach oraz językach.