

# Karwowski, Rosemary

## Child Minding

Type of inspection: Unannounced  
Inspection completed on: 17 July 2019

**Service provided by:**  
Rosemary Karwowski

**Service provider number:**  
SP2003905643

**Care service number:**  
CS2003011340

## Introduction

This service has been registered with the Care Inspectorate since 01 April 2002.

Rosemary Karwowski, referred to as the childminder throughout this report, provides a large childminding service. The care service may be provided to a maximum of 8 children at any one time under the age of 16, of whom a maximum of 6 will be under 12, of whom no more than 3 are not yet attending primary school and of whom no more than 1 is under 12 months. Numbers are inclusive of children of the childminder's family. Other conditions of registration: On one day per week provide a care service to a maximum of 7 children under 12, of whom no more than 4 are not yet attending primary school and of whom no more than 1 is under 12 months. Overnight service will not be provided.

The childminder provides her childminding service from her home in Falkirk. She uses the areas available in her home to provide a range of stimulating activities and to meet children's individual needs. During the inspection the child present moved freely between the conservatory and the kitchen playing with the various toys and had a snack sitting in the highchair in the kitchen. The garden and the local community provided opportunities for children to be active and to socialise with their peers.

The main aims of the service included:

"My aim as a childminder is to provide a good quality service to meet children's developmental needs through care, play and education, based on the principle of treating all children as individuals, and good working relationships with parents." A full statement of aims and objectives is available from the service on request.

We check services are meeting the principles of Getting it right for every child (also known as GIRFEC). This is Scotland's national approach to improving outcomes and wellbeing for children by offering the right help at the right time from the right people. It supports them and their parent(s) to work with the services that can help them. There are eight wellbeing indicators at the heart of GIRFEC. They are: safe, healthy, achieving, nurtured, active, respected, responsible and included. They are often referred to as the SHANARRI wellbeing indicators. Information on SHANARRI can be found at: <http://www.scotland.gov.uk/Topics/People/Young-People/gettingitright>

## What we did during our inspection

We wrote this report following a short notice inspection. This was carried out by one early learning and childcare inspector on Wednesday 17 July 2019. We visited between 09:30 and 13:30. We provided feedback to the childminder at the end of the inspection process.

As part of the inspection, we took account of the annual return and the self-assessment that we asked the childminder to complete and submit to us. We sent three care standard questionnaires asking the childminder to distribute them to parents. Two families returned a completed questionnaire to us.

During the inspection we gathered evidence from several sources, including the following:

We spoke with:

- the child present
- the childminder.

We observed and viewed:

- the environment
- the childminder's practice and interactions with the child
- the child playing.

We looked at the following evidence:

- children's records.
- a sample of policies and procedures
- administration of medication records
- photographs of children's experiences
- accident incident recording format
- registration certificate
- Public liability and car insurance certificates.

We took account of the above information when we evaluated the service and wrote this report. Please note that parents and carers will be referred to as parents throughout the report.

## Views of people using the service

The young child present was relaxed and confident in the service. She moved around freely developing her skills when climbing, walking and exploring the environment. She pretended to make us a cup of tea and enjoyed having a story with the childminder. The child was able to eat a snack independently and sought comfort from the childminder when needed. The childminder responded to the needs of the child using warmth, kindness and compassion.

Two completed care standard questionnaires were returned by parent's who said that, overall, they strongly agreed that they were happy with the quality of care their children received. They described methods of communication that ensured information was shared about the changing needs of the children and that the children's progress was shared with them. They said that children benefitted from a range of activities and experiences that supported them to achieve. Comments included "Flexibility and most importantly my child is extremely happy to attend. He is very well looked after and cared for. I am extremely happy with the service."

## Self assessment

Every year childminders must complete a 'self-assessment' form telling us how their service is performing. We check to make sure this assessment is accurate.

## What the service did well

The childminder listened to parents, acted on their wishes and provided support and advice when needed. This meant that parents felt valued and included and the childminder developed a knowledge and understanding of the individual needs of the children. The childminder had a very good understanding of the need to support children with their transitions so that they felt safe and secure. A homely environment with comfortable areas supported children to relax and achieve through a range of fun activities.

## What the service could do better

We discussed ways that self-evaluation could be developed in the service and sign posted the childminder to good practice guidance that will support this process. The childminder was reviewing and developing the environment so that there were opportunities for children to access activities that linked to early science, technology, engineering and maths (STEM) stimulating their natural curiosity, learning and creativity.

## From this inspection we graded this service as:

Quality of care and support	5 - Very Good
Quality of environment	5 - Very Good
Quality of staffing	not assessed
Quality of management and leadership	5 - Very Good

## Quality of care and support

### Findings from the inspection

The childminder worked closely with parents to agree the care and support that met the changing needs of the children. She listened to them, acted on their wishes and provided support and advice when needed. Parents felt valued and included and the childminder developed a knowledge and understanding of the individual needs of the children as a result. The service was planned so that there was a focus on children's interests and preferences and their next steps. This meant they were having fun as they developed skills in understanding, thinking, investigation and problem solving, including through imaginative play and storytelling. We could see children's involvement in planning and evaluating their experiences so they were included in leading their own learning. They were developing confidence and self-esteem as a result. Favourite activities included building dens, playing with the building blocks, building jigsaws and taking part in art and craft activities. The detail in the personal plan was regularly reviewed and updated showing children's progress. For instance, the childminder supported children's transitions well recognising, for instance, the need for children who only attended term time to feel safe and secure when settling in after the holidays.

Being active outdoors each day and having healthy food and drink were ways that children were supported to make healthy lifestyle choices. Consultation with parents and children had resulted in diluting juices no longer being offered with children encouraged to drink milk or water. They were supported to recognise the benefits of staying hydrated and the improvement to their health and wellbeing as a result. On the day of our visit the child sat in a highchair independently eating healthy finger snacks and drinking water. She was being supported to develop healthy eating habits and independence when eating and drinking. Involvement in daily tasks including tidying up and taking part in cooking activities meant children were becoming responsible and engaging in meaningful activities that supported them to develop life skills.

The childminder took steps to protect the children in her care meeting their health, welfare and safety needs. She demonstrated a knowledge and understanding of child protection, appropriately recorded accidents and incidents and had formats in place to record the administration of medication.

## Requirements

Number of requirements: 0

## Recommendations

Number of recommendations: 0

Grade: 5 - very good

## Quality of environment

### Findings from the inspection

Children were cared for in a homely environment that supported them to relax and to have fun when taking part in a range of age appropriate activities. Children were achieving and building confidence when being supported to try more challenging activities including for example, more difficult jigsaws. The childminder recognised that activities linked to early science, technology, engineering and maths (STEM) stimulated children's natural curiosity, learning and creativity. She was reviewing and developing the environment to improve the outcomes for children as a result.

A variety of opportunities that enabled children to freely explore the outdoor environment supported them to develop confidence and resilience. For instance, a younger child was developing balance going up and down the chute, climbing at soft play, playing ball games at the park and exploring the outdoors when on walks. The childminder had a knowledge and understanding of the benefits of children having access to the natural environment and open-ended play experiences. The garden, for example, provided sensory play opportunities and loose parts play. Children's social and physical skills, confidence, self-esteem and creativity were being developed as a result.

The childminder managed her environment well to promote children's safety and wellbeing. For example, she carried out risk assessments and put measures in place to reduce hazards. She was aware of good practice in infection control and promoted appropriate hand hygiene and nappy changing practices. We saw that resources were clean, safe and suitable for the different stages and interests of children attending the service. This contributed to children's health and wellbeing.

The childminder was aware of good practice guidance that supports evaluation and development of the environment and experiences for children. We have referenced some of the guidance she was aware of and used in practice:

My World Outdoors - available at [www.hub.careinspectorate.com](http://www.hub.careinspectorate.com)

Loose Parts Play - available at [www.inspiringscotland.org.uk](http://www.inspiringscotland.org.uk)

Our creative journey available at [www.hub.careinspectorate.com](http://www.hub.careinspectorate.com)

## Requirements

Number of requirements: 0

## Recommendations

**Number of recommendations:** 0

**Grade:** 5 – very good

## Quality of staffing

This quality theme was not assessed.

## Quality of management and leadership

### Findings from the inspection

The childminder had a nurturing approach towards children and a very good knowledge and understanding of child development. She was sensitive to the individual needs of children and worked closely with parents to agree how best to support them to achieve. She demonstrated a kind, caring and compassionate approach with the child present who felt valued and included in the service as a result.

The childminder had a professional attitude to managing her service. She continued to develop her knowledge and understanding of childcare issues through access to training, research of current practice guidance and professional dialogue with other childminders. For example, regularly accessing refresher training in child protection and paediatric first aid ensured that she was familiar with current practice keeping children safe and healthy. She had reflected on and begun to make use of early STEM and open-ended play using loose parts and natural resources stimulating children's natural curiosity, learning and creativity. Awareness of legislation and current standards and maintaining and reviewing records and personal plans to a very good standard, reassured families and gave them confidence that the service was managed well, and children's wellbeing was supported. The childminder had maintained her record of continuous development to show what she was learning and how this was used in practice to benefit outcomes for children.

The childminder included parents and children when reviewing and developing the quality of the service. They felt valued and had a sense of belonging as a result. This meant that outcomes for children were improving and they were benefitting from quality experiences. Parents had commented positively about the service when asked for feedback. On-going consultation regarding the changing needs of children resulted in improved care and support. Children were involved in suggesting activities and evaluating their experiences. For example, smiley face stickers enabled children to identify their favourite activities. The use of the wellbeing indicators supported children to chat about how they were being supported to be safe, healthy, active, nurtured, respected, responsible and included. We discussed ways that self-evaluation could be further developed in the service and sign posted the childminder to good practice guidance that will support this process:

Your Childminding Journey available at [www.childmindingjourney.scot](http://www.childmindingjourney.scot)

My Childminding Experience available at [www.hub.careinspectorate.com](http://www.hub.careinspectorate.com)

National Health and Social Care Standards – available at [www.scot.gov.uk](http://www.scot.gov.uk)

## Requirements

**Number of requirements:** 0

## Recommendations

Number of recommendations: 0

Grade: 5 – very good

**What the service has done to meet any requirements we made at or since the last inspection**

## Previous requirements

There are no outstanding requirements.

**What the service has done to meet any recommendations we made at or since the last inspection**

## Previous recommendations

There are no outstanding recommendations.

## Complaints

Please see Care Inspectorate website ([www.careinspectorate.com](http://www.careinspectorate.com)) for details of complaints about the service which have been upheld.

## Enforcement

No enforcement action has been taken against this care service since the last inspection.

## Inspection and grading history

Date	Type	Gradings	
13 Jul 2017	Unannounced	Care and support	5 - Very good
		Environment	5 - Very good
		Staffing	Not assessed
		Management and leadership	5 - Very good
21 Aug 2015	Announced (short notice)	Care and support	5 - Very good
		Environment	5 - Very good
		Staffing	Not assessed
		Management and leadership	5 - Very good
1 Aug 2013	Announced (short notice)	Care and support	5 - Very good
		Environment	5 - Very good
		Staffing	5 - Very good
		Management and leadership	Not assessed
25 Aug 2011	Announced (short notice)	Care and support	6 - Excellent
		Environment	Not assessed
		Staffing	6 - Excellent
		Management and leadership	Not assessed
22 Jun 2009		Care and support	6 - Excellent
		Environment	5 - Very good
		Staffing	5 - Very good
		Management and leadership	Not assessed



## To find out more

This inspection report is published by the Care Inspectorate. You can download this report and others from our website.

Care services in Scotland cannot operate unless they are registered with the Care Inspectorate. We inspect, award grades and help services to improve. We also investigate complaints about care services and can take action when things aren't good enough.

Please get in touch with us if you would like more information or have any concerns about a care service.

You can also read more about our work online at [www.careinspectorate.com](http://www.careinspectorate.com)

## Contact us

Care Inspectorate  
Compass House  
11 Riverside Drive  
Dundee  
DD1 4NY

[enquiries@careinspectorate.com](mailto:enquiries@careinspectorate.com)

0345 600 9527

Find us on Facebook

Twitter: @careinspect

## Other languages and formats

This report is available in other languages and formats on request.

Tha am foillseachadh seo ri fhaighinn ann an cruthannan is cànan eile ma nithear iartras.

অনুরোধসাপেক্ষে এই প্রকাশনাটি অন্য ফরম্যাট এবং অন্যান্য ভাষায় পাওয়া যায়।

یہ اشاعت درخواست کرنے پر دیگر شکلوں اور دیگر زبانوں میں فراہم کی جاسکتی ہے۔

ਬੇਨਤੀ 'ਤੇ ਇਹ ਪ੍ਰਕਾਸ਼ਨ ਹੋਰ ਰੂਪਾਂ ਅਤੇ ਹੋਰਨਾਂ ਭਾਸ਼ਾਵਾਂ ਵਿੱਚ ਉਪਲਬਧ ਹੈ।

هذه الوثيقة متوفرة بلغات ونماذج أخرى عند الطلب

本出版品有其他格式和其他語言備索。

Na życzenie niniejsza publikacja dostępna jest także w innych formatach oraz językach.