

Fleets Villa Care Home Service

Elphinstone
Tranent
EH33 2NE

Telephone: 01875 610005

Type of inspection:

Unannounced

Completed on:

11 June 2019

Service provided by:

Common Thread Ltd

Service provider number:

SP2005007437

Service no:

CS2012308067

About the service

Fleets Villa is a large detached house situated in its own grounds in a rural setting close to the outskirts of Tranent.

It provides residential care for a maximum of three children/young people with complex needs, for whom the alternative would likely be secure accommodation.

The establishment is one of a range of similar services offered by the organisation Common Thread. Common Thread provides "intensive therapeutic work in a safe, structured environment with a strong leaning towards interest-based activities in response to an urgent or crisis situation".

Common Thread has its own school, Merrick School. Merrick School has two premises, one of which is based in Dumfries and Galloway and the other is based in Denny.

Common Thread aims to provide successful outcomes for children and young people and to work towards clearly identified and agreed outcomes with the children and young people.

This service registered with the Care Inspectorate on 2 August 2012.

What people told us

We spoke with the three young people who were living at Fleets Villa. All of them said that it was a good place to stay. They told us that there were always staff around they could talk to and they liked most of the staff. Young people said that they felt cared for and that staff were friendly and helpful. One young person said it was the best place he had been. Another said that he felt staff really listened to him.

Self assessment

The service had not been asked to complete a self assessment in advance of the inspection. We discussed their improvement plans and quality assurance systems which identified their priorities for development and how they were monitoring of the quality of the provision within the service.

From this inspection we graded this service as:

Quality of care and support	5 - Very Good
Quality of environment	5 - Very Good
Quality of staffing	not assessed
Quality of management and leadership	not assessed

What the service does well

The staff at Fleets Villa had developed a nurturing environment where they knew the young people well.

Young people told us that they felt safe at Fleets Villa. They said they were well cared for and enjoyed the company of staff. We saw staff having sensitive discussions with young people and showing real interest in their opinions. Young people told us that staff helped them to make positive choices and offered advice and direction.

We saw that young people received a very good standard of care on a day to day basis. Staff were guided by care plans which identified the needs, goals and aspirations of the young people and provided strategies to help them achieve.

We saw some very good outcomes for young people as a result of the strategies used, including:

- Reduction in challenging behaviours
- Success in gaining and sustaining school placement
- Reduction in safe holds
- Meeting needs in terms of emotional and mental health support
- Maintaining contact with family
- Life skills and interdependence work
- Financial planning and budgeting.

We also heard about successes for young people who had moved on and continued to keep in touch.

The young people told us that they enjoyed lots of activities both within the home and in the local community. Staff supported them in their chosen hobbies and offered new experiences whenever possible.

All young people were linked to health services to enable them to access appointments and check ups as they were needed. Staff were able to demonstrate a very good knowledge of health related agencies who could provide advice, guidance and support for young people in relation to their wellbeing. Systems were in place to store and administer medication for young people and staff were aware of relevant policies relating to this. Healthy lifestyle choices were encouraged by staff which enabled young people to make informed decisions about their health and fitness.

Staff were knowledgeable about their responsibilities in relation to child protection and we saw that processes were followed.

We were warmly welcomed at the house. It was pleasant setting where young people went about their daily business in a relaxed and friendly atmosphere.

The house was situated in beautiful countryside and offered a very peaceful and tranquil location. Transport was available to enable young people to get out and about and to keep appointments.

Each young person had their own bedroom which provided personal private space. Their bedrooms had been decorated to a very high standard to their own specific tastes and clearly reflected their individual personalities.

There were enough communal rooms for young people to meet together as a group or have private time if desired.

Young people enjoyed the large, well-established garden where they were encouraged to be involved in planting and growing vegetables which were then used in meals.

Sensible rules about security were in place, keeping people safe.

Maintenance was of a good standard and repairs were attended to quickly. .

What the service could do better

The manager should ensure that all care plans are signed by placing social workers.

All medication information sheets should be retained until the medication is finished or returned to pharmacy. Recording of medication should be exactly as on the prescription label.

We saw plans for upgrade of parts of the premises. This should be progressed by the provider as soon as possible.

Requirements

Number of requirements: 0

Recommendations

Number of recommendations: 0

Complaints

There have been no complaints upheld since the last inspection. Details of any older upheld complaints are published at www.careinspectorate.com.

What the service has done to meet any requirements we made at or since the last inspection

Previous requirements

There are no outstanding requirements.

What the service has done to meet any recommendations we made at or since the last inspection

Previous recommendations

There are no outstanding recommendations.

Inspection and grading history

Date	Type	Gradings
25 Jul 2018	Unannounced	Care and support 5 - Very good Environment Not assessed Staffing 5 - Very good Management and leadership Not assessed
28 Jun 2017	Unannounced	Care and support 5 - Very good Environment Not assessed Staffing 5 - Very good Management and leadership Not assessed
3 Aug 2016	Unannounced	Care and support 5 - Very good Environment Not assessed Staffing 5 - Very good Management and leadership Not assessed
25 Aug 2015	Unannounced	Care and support 5 - Very good Environment 5 - Very good Staffing 5 - Very good Management and leadership 5 - Very good
28 Jul 2014	Unannounced	Care and support 5 - Very good Environment 5 - Very good Staffing 4 - Good Management and leadership 4 - Good
14 Jan 2014	Announced (short notice)	Care and support 4 - Good Environment 5 - Very good Staffing 4 - Good

Date	Type	Gradings	
		Management and leadership	4 - Good
8 Aug 2013	Announced (short notice)	Care and support	4 - Good
		Environment	5 - Very good
		Staffing	4 - Good
		Management and leadership	3 - Adequate

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