

Barrington House Care Home Service

67 Wilson Street
Beith
KA15 2BE

Telephone: 01505 500042

Type of inspection:

Unannounced

Completed on:

14 January 2019

Service provided by:

Voyage 1 Limited

Service provider number:

SP2004005660

Service no:

CS2003001164

About the service

Barrington House is a registered care home for adults with learning disabilities, the provider is Voyage 1 Limited. The service registered on 1 April 2002 with the Care Commission and transferred its registration to the Care Inspectorate when it formed on 1 April 2011.

Barrington house is a large detached house set in well maintained grounds in Beith with good access to local amenities and transport links. Accommodation is based over two floors with communal dining, kitchen, laundry, lounge and conservatory areas as well as spacious gardens. There are two bedrooms and one shared bathroom on the ground floor, a second shared bathroom and five bedrooms on the first floor, one bedroom is en-suite.

At the time of the inspection there were seven people resident in the home, all were male. The service supports people with learning disabilities, autism and behaviours that may challenge.

Voyage 1 Limited state that the overarching aim of their service provision is to provide high quality responsive and flexible support, care and/or treatment programmes that are designed to meet the assessed needs and personal aspirations of individuals; regardless of the environment this is delivered in.

What people told us

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From this inspection we evaluated this service as:

In evaluating quality, we use a six point scale where 1 is unsatisfactory and 6 is excellent

How well do we support people's wellbeing?	5 - Very Good
How good is our leadership?	not assessed
How good is our staffing?	not assessed

How good is our setting?	not assessed
How well is our care and support planned?	5 - Very Good

Further details on the particular areas inspected are provided at the end of this report.

How well do we support people's wellbeing?

5 - Very Good

We found Barrington House to be warm, welcoming and homely, people supported told us they were very happy living there and were well cared for, one person said "I am here for life, I am very happy here". We could see that people supported knew each other's individual ways very well; they were tolerant and helped each other. Staff had a good knowledge of each individual's learning disability and medical conditions and what this meant for them on a daily basis. This knowledge and understanding enabled staff to utilise space effectively to meet individual one to one needs and to manage individual and group dynamics very well.

People can expect to receive high quality care and support that is right for them and to experience compassion, dignity and respect. We observed staff carry out their duties as part of the daily routine in a caring, competent and person centred way, which contributed to a calm and relaxed atmosphere. Staff acknowledged each person's individuality by spending time doing activities they enjoyed, such as listening to music, dancing and playing games.

People can expect to be involved in decisions about their care and support and be supported to communicate in a way that is right for them. People were encouraged to make choices and decisions about things that affect them, such as planning the weekly menu and choosing activities and their levels of participation. Each person had different communication skills, staff quickly noticed verbal and non verbal cues demonstrating a good understanding of what was important to each individual and offering reassurance and support where needed. Staff and people supported used different visual aids and adapted communication tools with each other. We observed numerous examples of staff interacting on a personal level, engaging with the people supported in activities and conversation that was meaningful to them. It was evident staff knew each individual well and supported them to make choices and to be included. Activities that were important to people out with the home were planned into the daily routine and included people going to drama club, horse riding, dancing and out for lunch. Staff encouraged people to get involved in community activities, which helped to make and maintain friendships. We could see established, trusting relationships and could see how these relationships with support staff enhanced their quality of life

How people spend their day is important in maintaining people's physical and mental wellbeing. While we observed people engaging in activities and being prompted to carry out some household tasks such as helping to set the table or make a meal, we discussed with senior staff the importance of encouraging people to be as physically active as possible in small everyday ways. We also suggested staff could support people to contribute more to the daily housekeeping and mealtime routine to maintain some independence or develop their skills.

People can expect to have confidence in the people supporting and caring for them and be sure their health needs are being met. We saw that people's health needs were monitored and reviewed regularly through support planning and with a variety of health professionals visiting the home. People were supported with hospital and GP appointments for more complex health needs and had access to specialist nurses, dentist, optician and chiropodist.

People living in the home should feel safe. There was a robust system in place for recording of incidents and accidents and notifications had been made to the care inspectorate when appropriate. There was an adult protection policy in place and staff undertook training in adult protection. We explored examples of incident reports with senior staff where safeguarding concerns were raised and were assured that staff demonstrated a sound understanding of adult protection. We could see that where a concern had been raised people were listened to and taken seriously and the manager carried out all of their responsibilities in this area thoroughly.

People could have confidence in those supporting them because they are trained, competent and skilled and are able to reflect on their practice. We observed the administration of medication and could see that this was carried out in a safe and inclusive way. There was a robust system in place for managing medication and staff received training. Staff had access to a broad range of training relevant to their role and to more specialised training such as epilepsy, autism training and promoting excellence in dementia that enabled staff to work more effectively. We discussed with the manager the importance and value in providing opportunities for staff to reflect on their practice and develop their skills in relation to improving outcomes.

How good is our leadership?

This key question was not assessed.

How good is our staff team?

This key question was not assessed.

How good is our setting?

This key question was not assessed.

How well is our care and support planned? **5 - Very Good**

People can expect assessment and care planning will reflect their outcomes, needs and wishes. This is important because care plans are used to direct staff in delivering care in a way that is right for them and affects their experience of care and support. We found everyone had a support plan that reflected their needs and wishes very well.

Care planning included a support plan, health plan and medication plan and were accompanied by daily recording workbooks and key worker meetings and handovers. Support plans were very detailed and gave a very good picture of the person, who they are, their needs and how best to support them. Support plans had a comprehensive needs assessment, which was regularly updated; we could see there were regular reviews which included the person in a meaningful way. Staff had a very good knowledge and understanding of each person and the way they were supported reflected the direction given in support plans. We could see good information about the management of complex health issues and nutritional needs.

The service was very proactive in anticipating and reviewing health needs regularly which helped with the maintenance of good physical and emotional health. Staff's knowledge of each person enabled them to deliver support in a person centred way and to employ behaviour strategies that worked.

We could see that people were supported to manage their finances on a day to day basis and where appropriate supporting legal documentation was in place to protect and uphold people's rights. The manager, as part of six monthly reviews had started to work on planning for the future should there be deterioration in health to ensure the wishes of the person and/or guardian were recorded. We will look how this is progressing at the next inspection.

People can expect to have confidence in the staff and managers supporting them and for the service to be well led and managed. We found the service had robust quality assurance processes in place and people told us they benefitted from a very experienced, approachable and encouraging management team.

Complaints

There have been no complaints upheld since the last inspection. Details of any older upheld complaints are published at www.careinspectorate.com.

Detailed evaluations

How well do we support people's wellbeing?	5 - Very Good
1.1 People experience compassion, dignity and respect	5 - Very Good
1.2 People get the most out of life	5 - Very Good
1.3 People's health benefits from their care and support	5 - Very Good
How well is our care and support planned?	5 - Very Good
5.1 Assessment and care planning reflects people's planning needs and wishes	5 - Very Good

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